

Nuclear Physics

Lattice QCD and Effective Field Theories

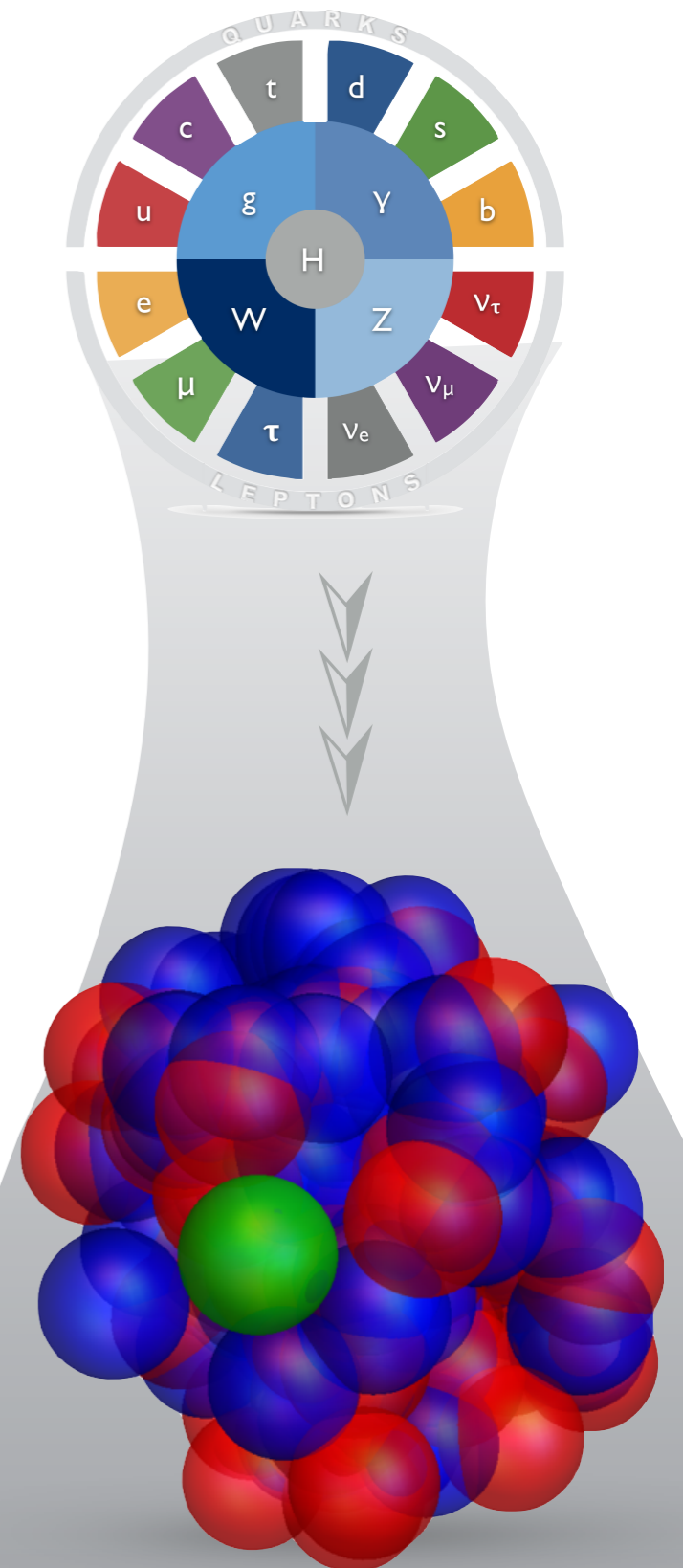
William Detmold, MIT

Nuclear physics:

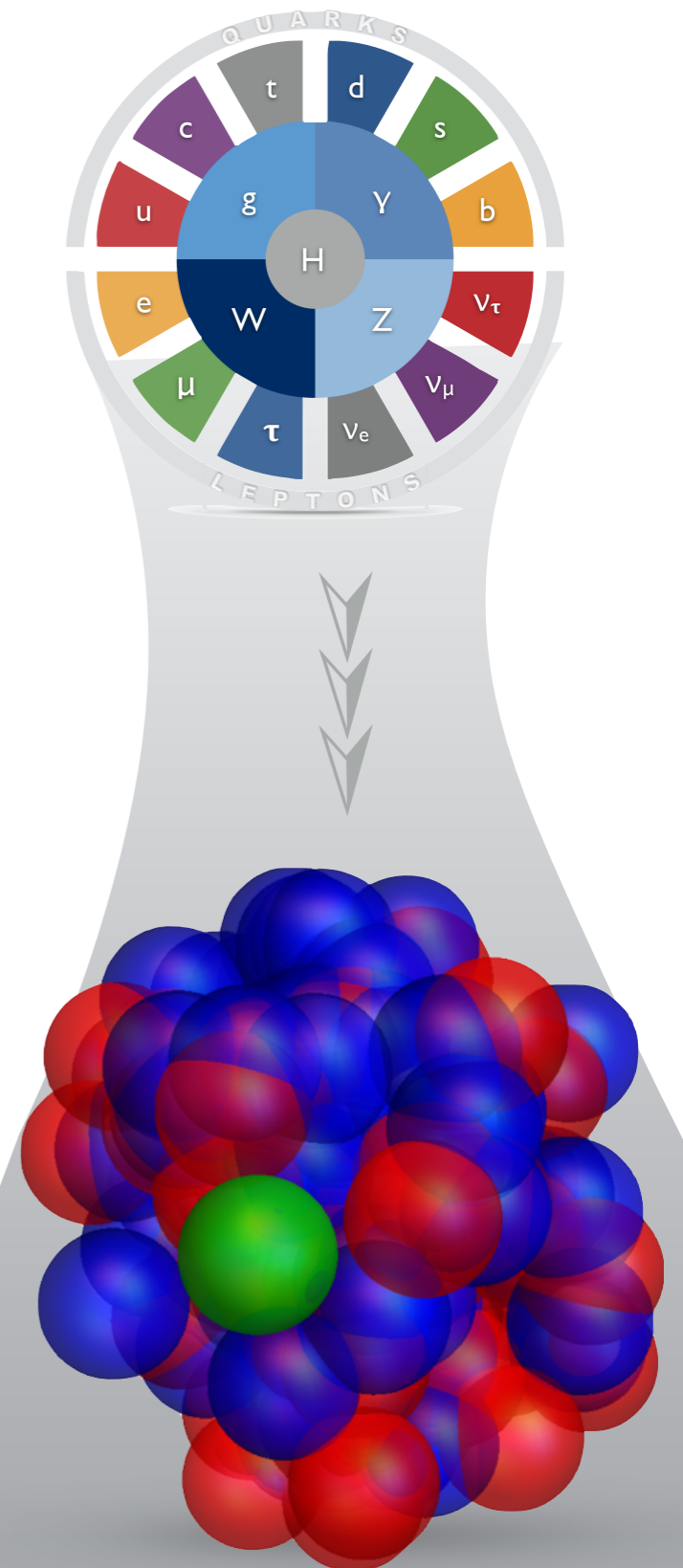
- Nuclear physics is 105 years old!
- Emergence of complexity in matter
- Physics at many scales
 - Hadron structure & interactions
 - Nuclei and nuclear structure
 - Neutron stars, supernovae, nucleosynthesis,...
- NP has been a data driven field
 - Many beautiful experimental results
 - Traditional understanding *very* phenomenological



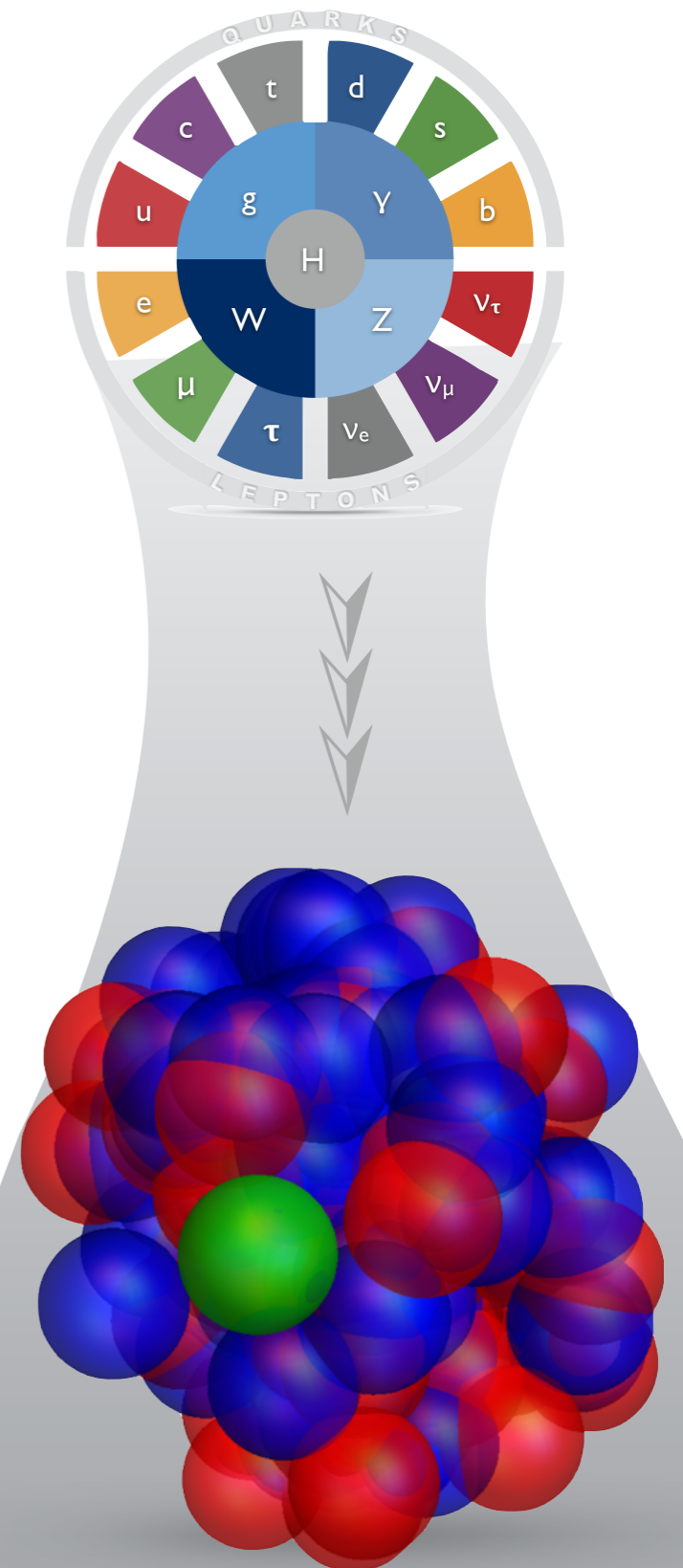
- NP emerges from the Standard Model
- Present: LQCD calculations have begun to show how
 - Still quite limited in scope and fidelity
- Future
 - LQCD + EFT will enable precision nuclear physics
 - Explore nuclear physics more generally
 - Parameter dependence: fine tunings?
 - Complex structure in other gauge theories, ...



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Nuclear Physics Tools

Lattice QCD and Effective Field Theory

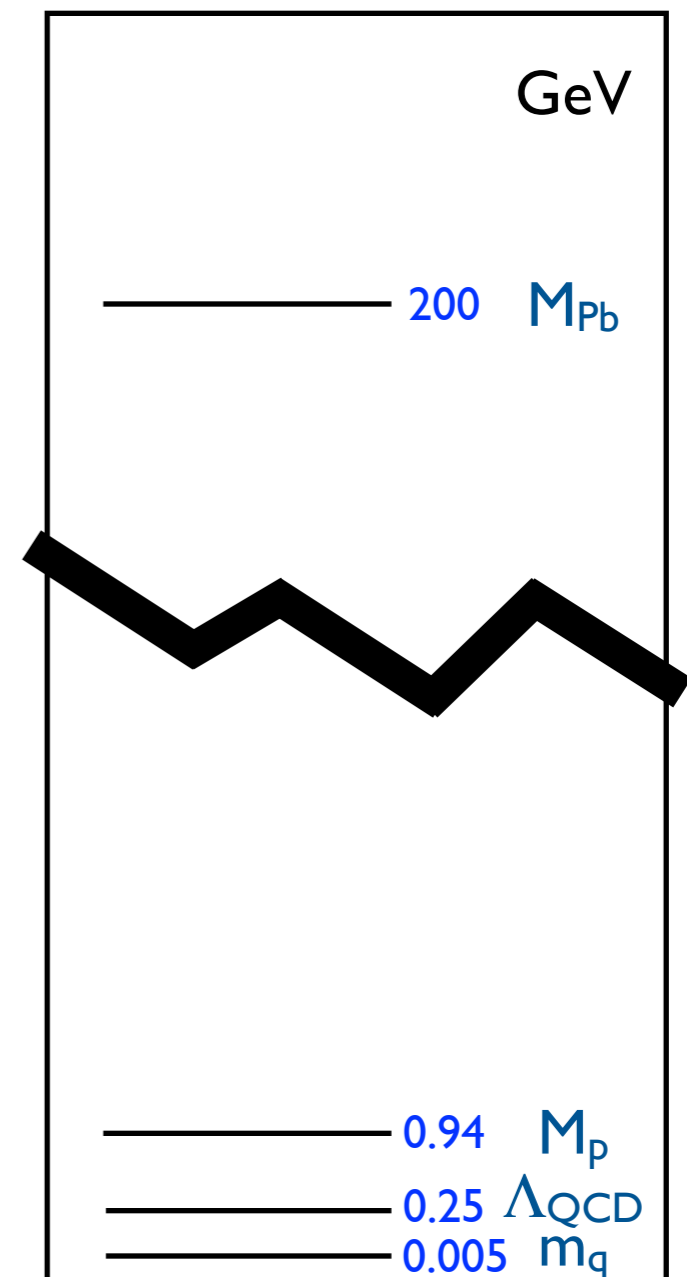
- LGT & EFT critical components
- New problems for LQCD for many-body systems
 - Contractions, excitation spectra, statistical noise
 - Develop new technologies for multi-nucleon systems
- New problems for EFT for many-body systems
 - Standard LQCD extrapolations: quark masses, volumes, continuum limit
 - Additional extrapolation: $A > 4 \dots 8$: *Nuclear EFT*

QCD for Nuclear Physics

- Nuclei in LQCD are a hard

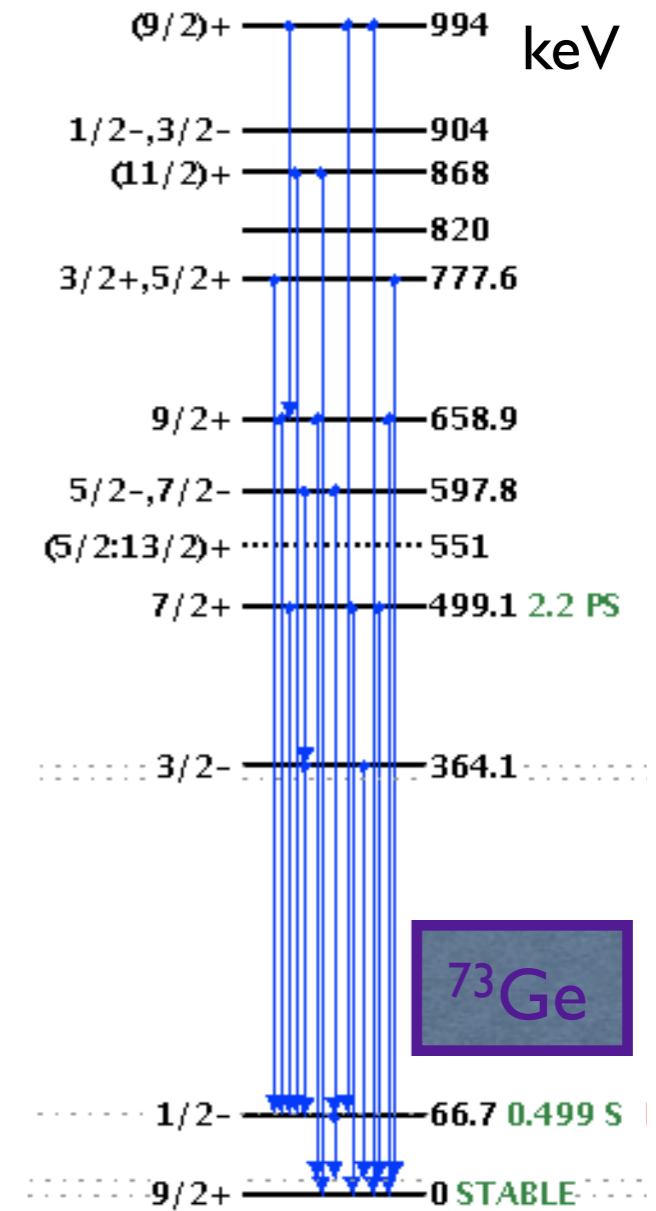
QCD for Nuclear Physics

- Nuclei in LQCD are a hard
- Physics at multiple scales

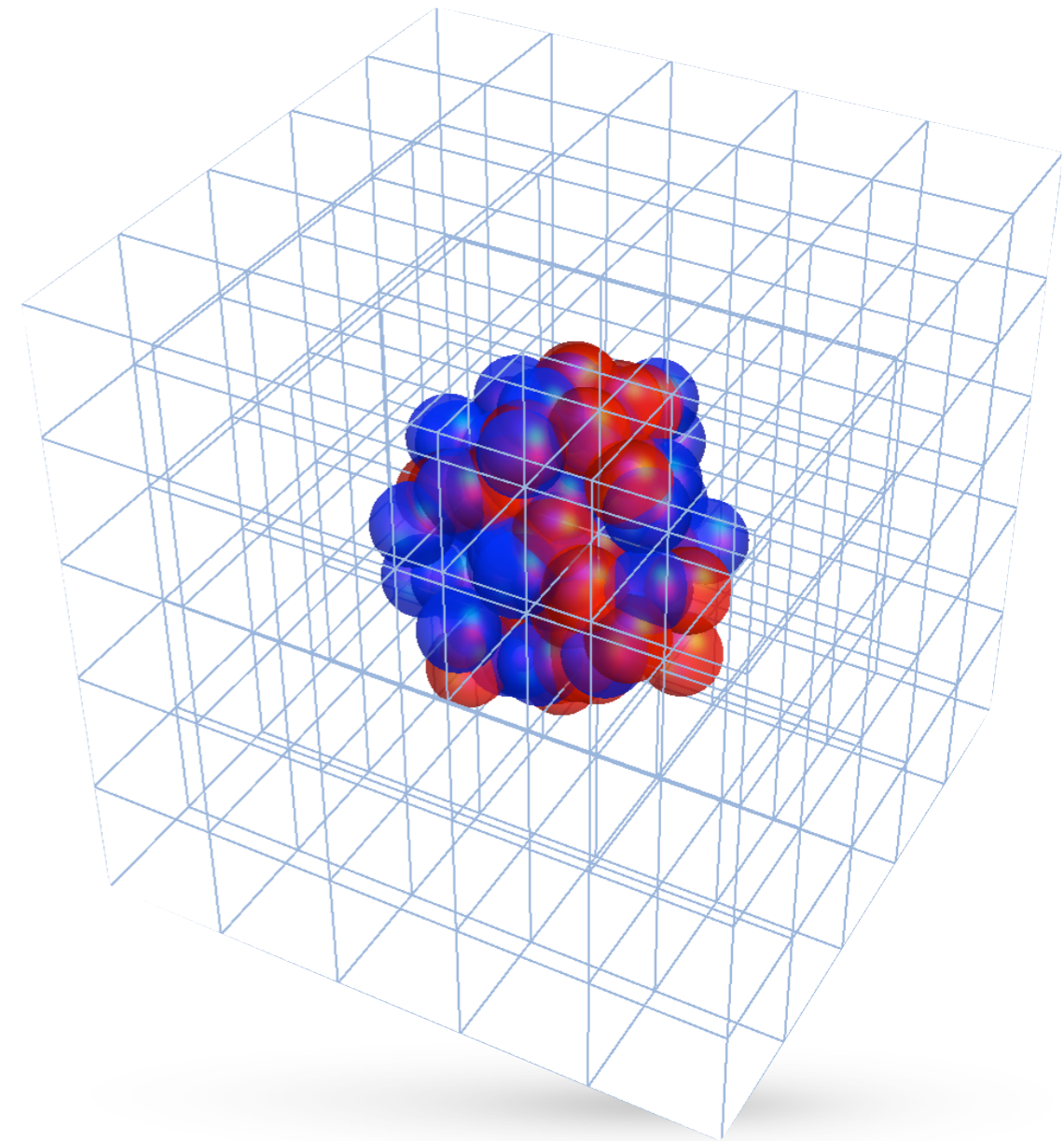


QCD for Nuclear Physics

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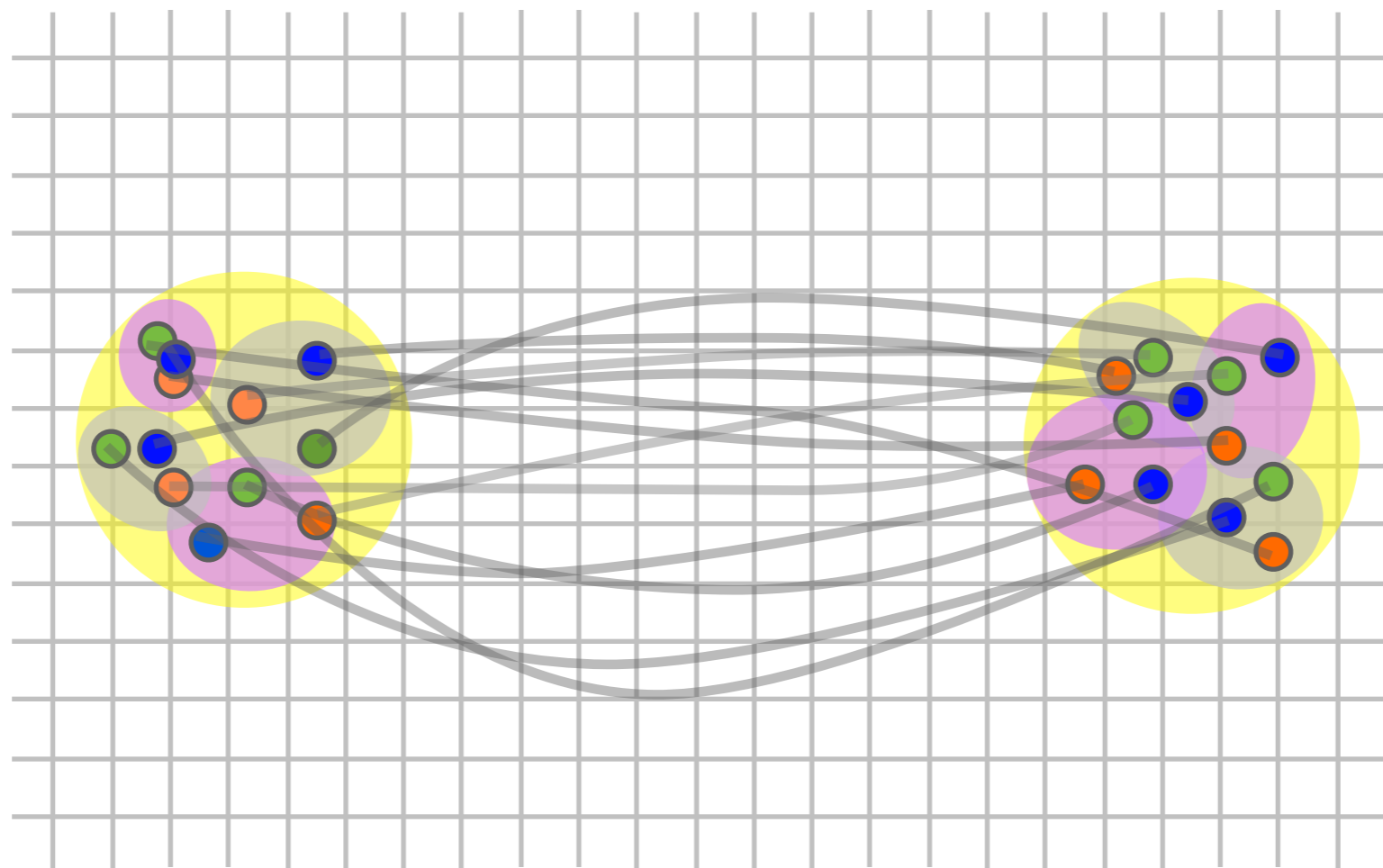


- Nuclei in LQCD are a hard
- Physics at multiple scales
- Three exponentially difficult challenges for LQCD
 - Spectral density
 - Contraction complexity grows factorially
 - Noise: probabilistic method so statistical uncertainty grows exponentially with A (naively)



QCD for Nuclear Physics

- Quarks need to be tied together in all possible ways
- $N_{\text{contractions}} = N_u!N_d!N_s!$ ($\sim 10^{1500}$ for ^{208}Pb)



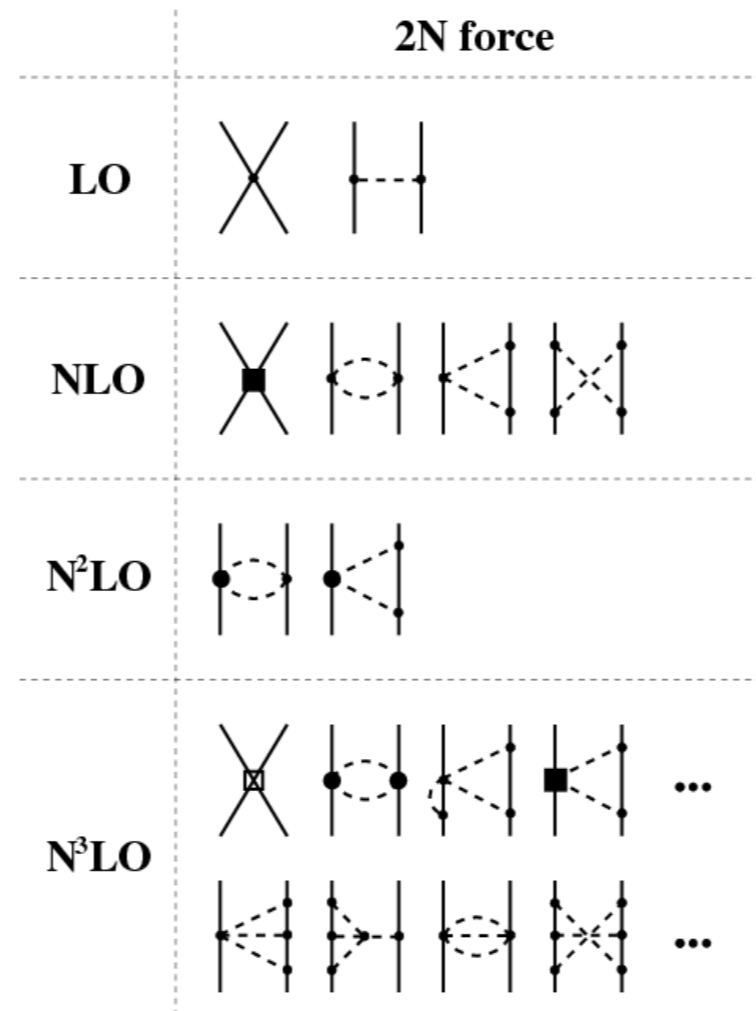
- Managed using algorithmic trickery [WD & Savage, WD & Orginos; Doi & Endres, Günther et al]
- Study up to $N=72$ pion systems, $A=5$ (and 28) nuclei

- Theory of nucleon-nucleon interactions based on underlying symmetries of QCD
- Non-trivial EFT as there are very shallow bound states

$$a_{(1S_0)} \sim -20 \text{ fm} \quad a_{(3S_1)} \sim 5.4 \text{ fm}$$

- Weinberg [1992] chiral NEFT
 - Degrees of freedom: nucleons + pions
 - All terms consistent with symmetries with new LECs at every order
 - Expansion in powers of momenta and quark masses

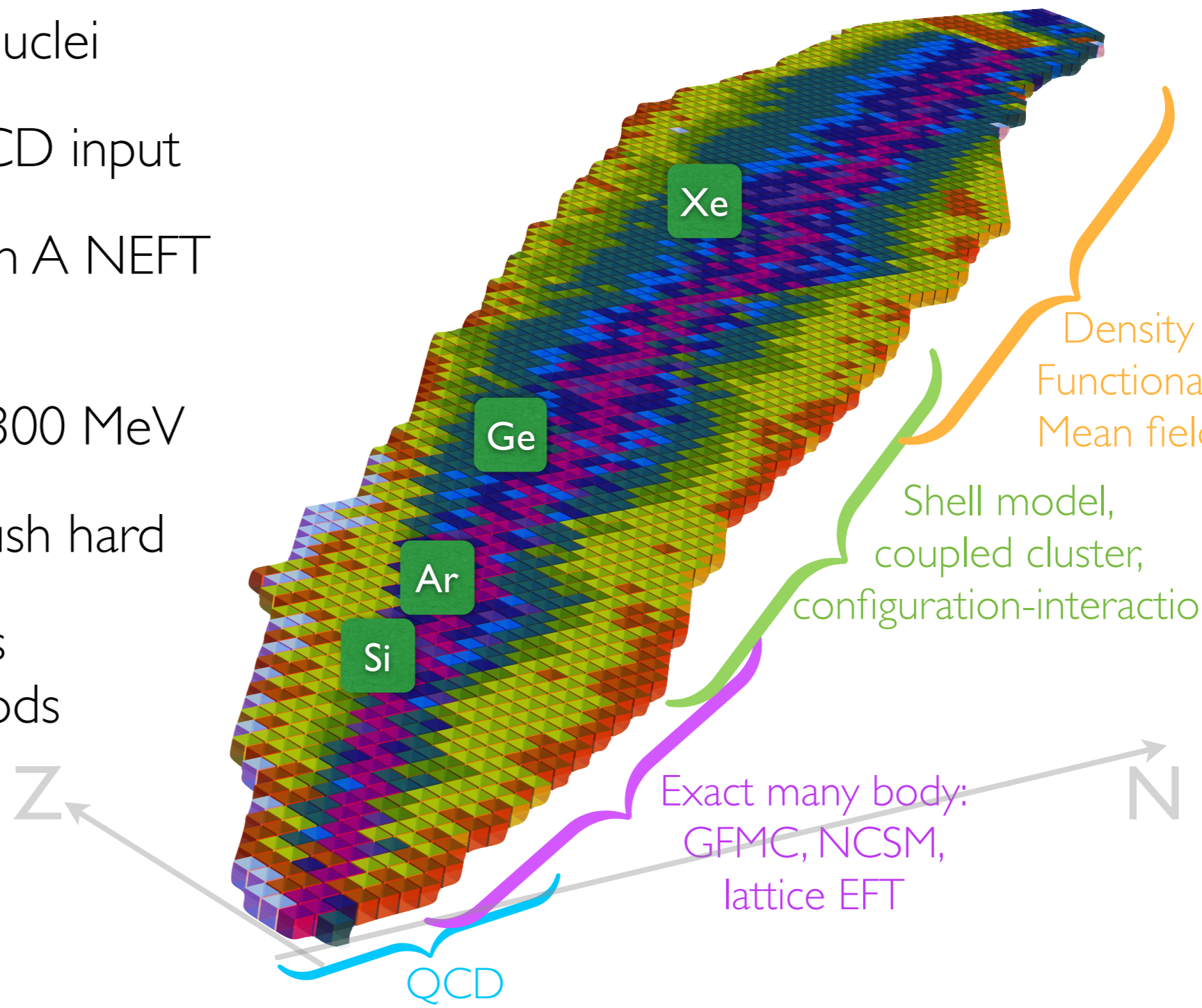
- Pursued to high orders in expansion: contribution to NN potential @ N^3LO



- Solve many body problem with NEFT Hamiltonian
- Many methods used here (some exact, some approximate)

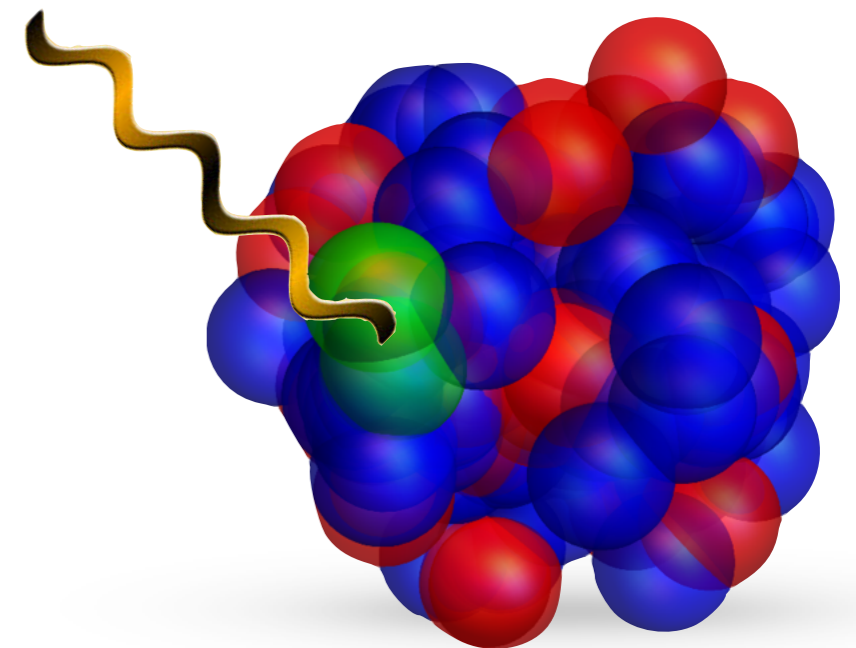
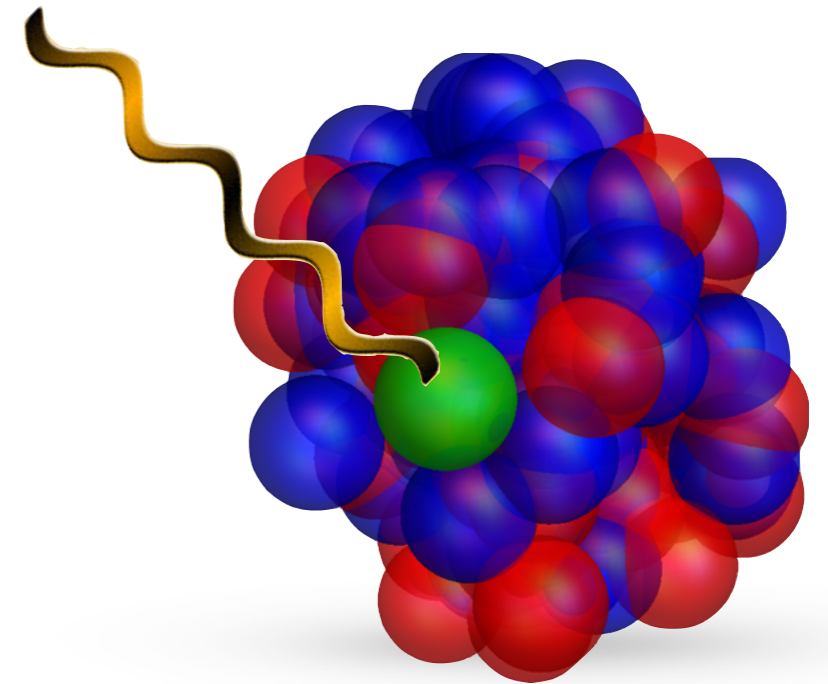
- Alternate power-counting schemes [eg Kaplan, Savage, Wise 1996/7, ...]: chiral expansion of amplitudes and resum certain types of contributions
 - Analytic control of mass dependence
 - Order-by-order renormalisable (Weinberg power-counting is not)
 - Convergence issues in some channels
- Many subsequent developments ...

- Quantitative control throughout chart of nuclides
- Exact methods for light nuclei
 - Match NEFT onto QCD input
- Open question how far in A NEFT remains controlled
 - Fermi momentum ~ 300 MeV
 - Some practitioners push hard
- Use EFT to constrain less robust many-body methods



Nuclear EFT currents

- NEFT: controlled way to include external currents (EW, scalar,...)
- Power counting
 - 1-body currents are dominant
 - 2-body currents are sub-leading *but non-negligible*
- Match NEFT to LQCD
 - Determine one body contributions from single nucleon
 - Determine few-body contributions from $A=2,3,4\dots$
 - Use NEFT to predict larger nuclei



- For very low energy processes, $q \ll m_\pi$, even pions can be integrated out: pionless EFT

- Expansion in terms of contact nucleon operators and derivatives

$$\mathcal{L} = N^\dagger \left(i\partial_0 + \frac{\nabla^2}{2m} + \dots \right) N - C_{0t} (N^\dagger P_t N)^2 - C_{0s} (N^\dagger P_s N)^2 + \dots$$

- (Works even better at heavy pion masses!)
- Light quark mass dependence in counterterms
- Equivalent to the effective range expansion of energies
Consistently incorporates currents

The background of the slide is a detailed, colorful illustration of a cell. A large, bright yellow nucleus is positioned on the left side. In the center, a blue ring-like structure, likely representing the endoplasmic reticulum, surrounds a red nucleus. To the right, there are several purple, spherical organelles, possibly mitochondria or lysosomes. The overall scene is set against a dark, textured background.

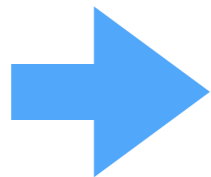
Present

Unphysical nuclei

Present: unphysical nuclei

- NPLQCD collaboration

- Case study QCD with
 $m_u = m_d = m_s^{\text{phys}}$



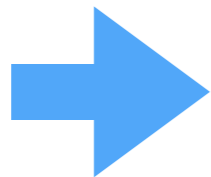
$$m_\pi \sim 800 \text{ MeV}$$

$$m_p \sim 1,600 \text{ MeV}$$

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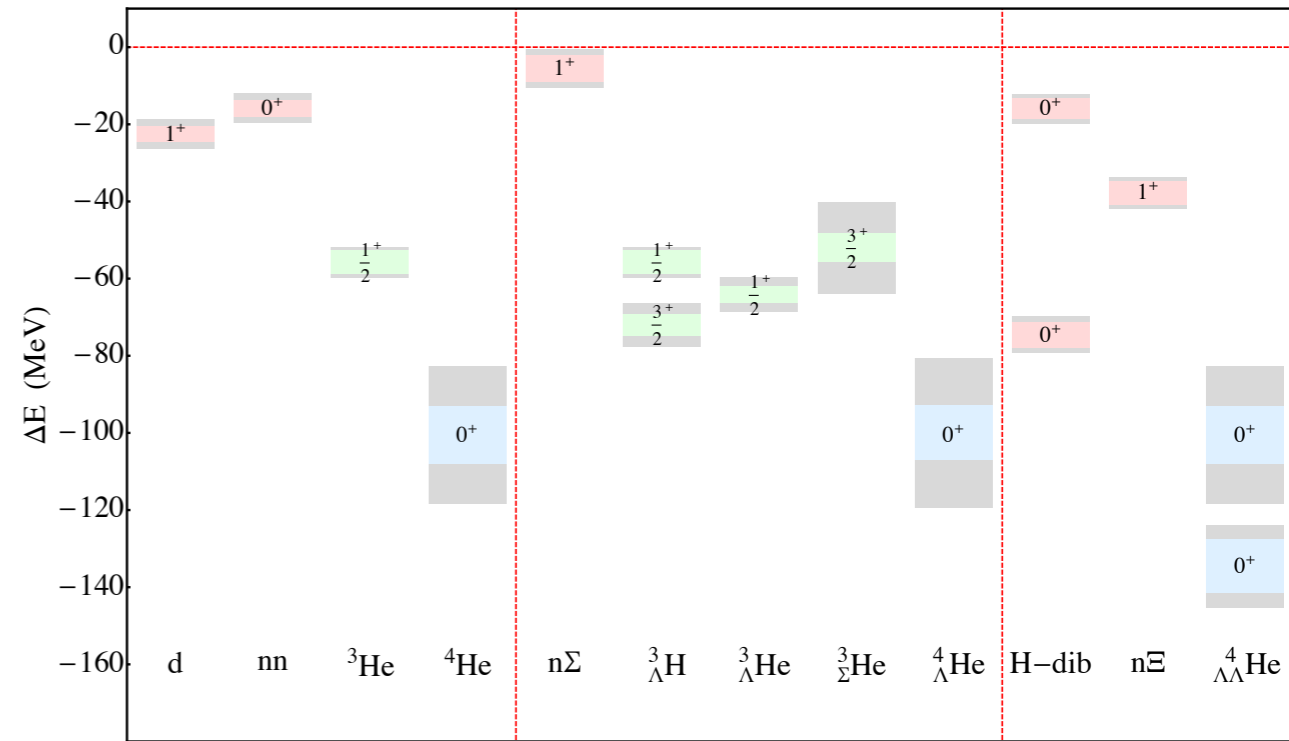
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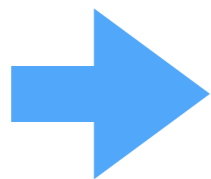
I. Spectrum of light nuclei ($A < 5$)

[PRD **87** (2013), 034506]



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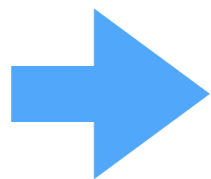
1. Spectrum of light nuclei ($A < 5$)

[PRD **87** (2013), 034506]

2. BB interactions [PRC **88** (2013), 024003]

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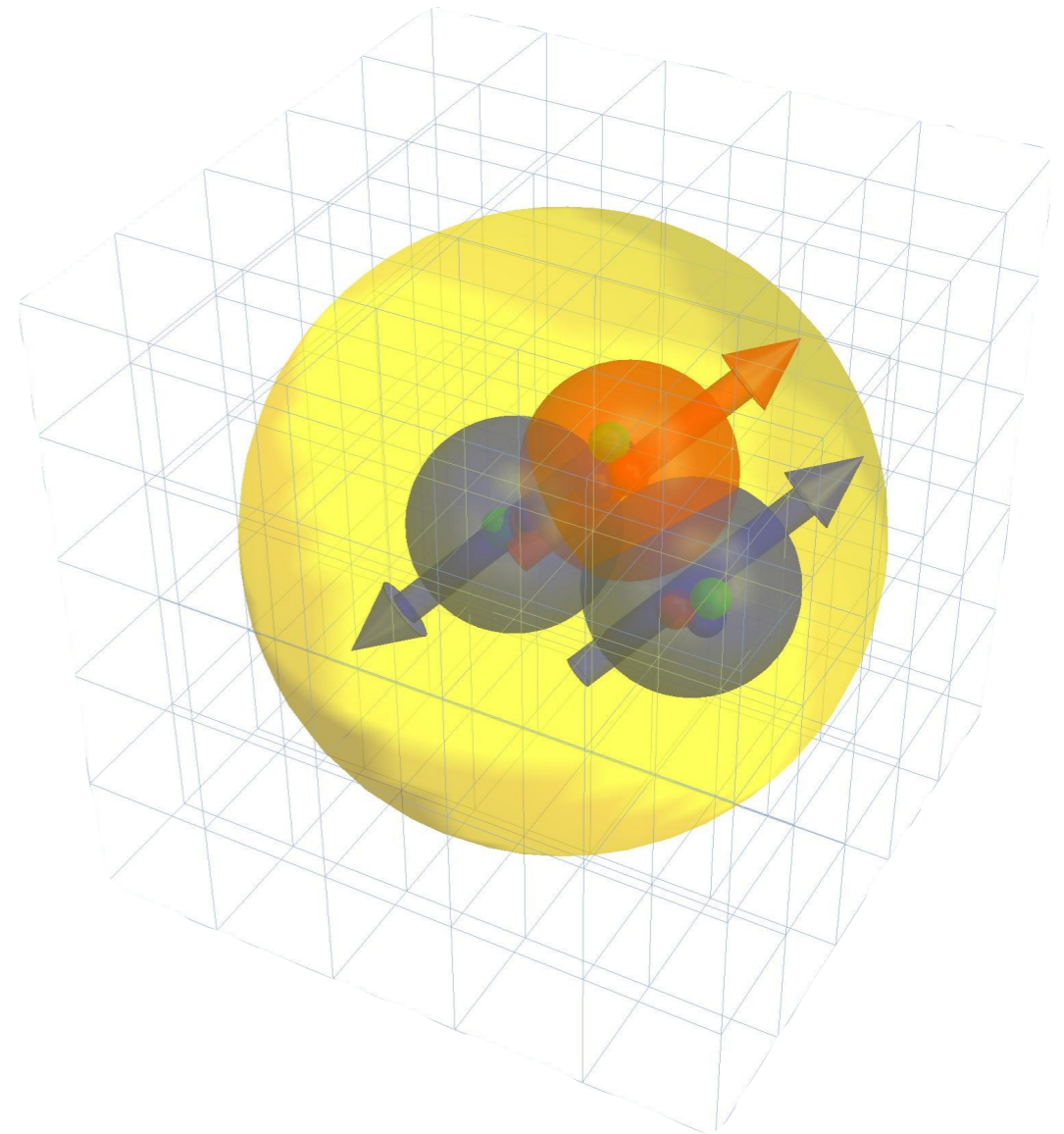
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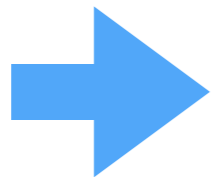
3. Nuclear structure: magnetic moments, polarisabilities ($A < 5$)

[PRL **113**, 252001 (2014)]



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1. Spectrum of light nuclei ($A < 5$)

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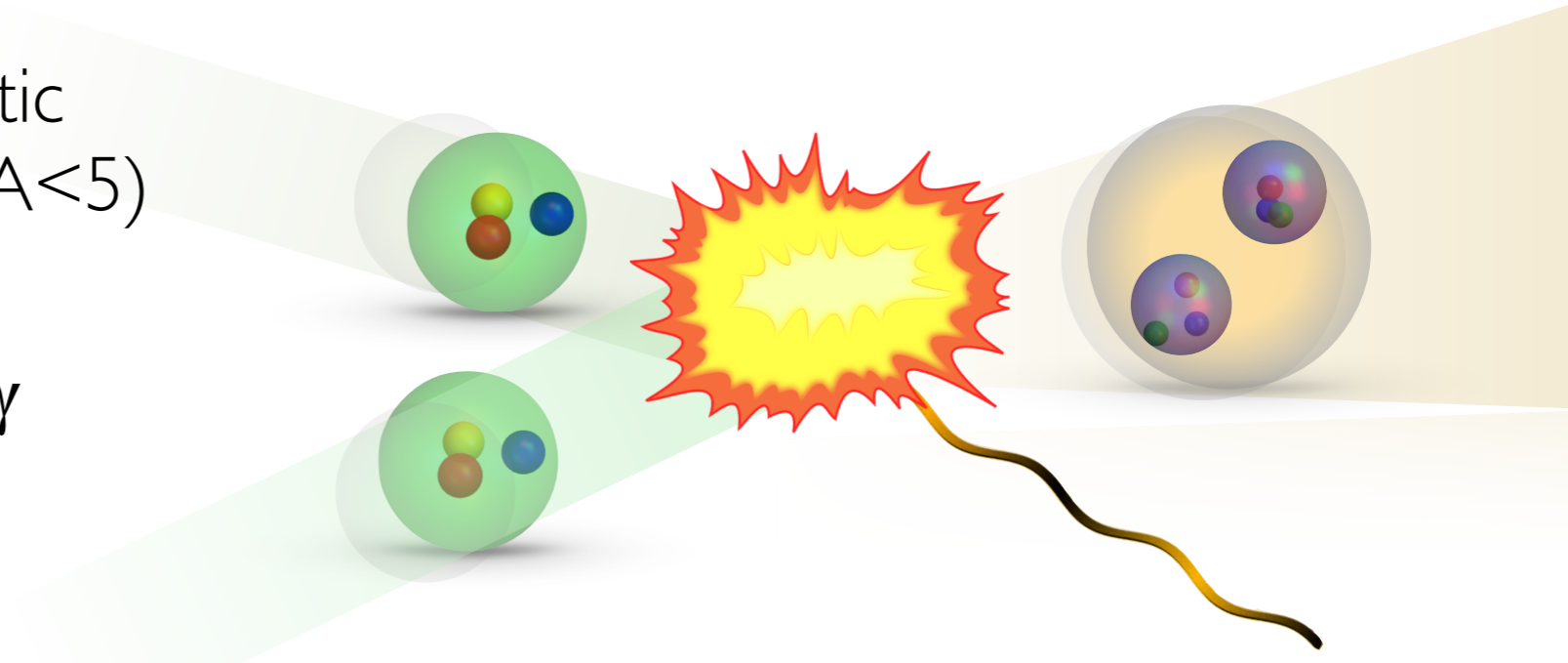
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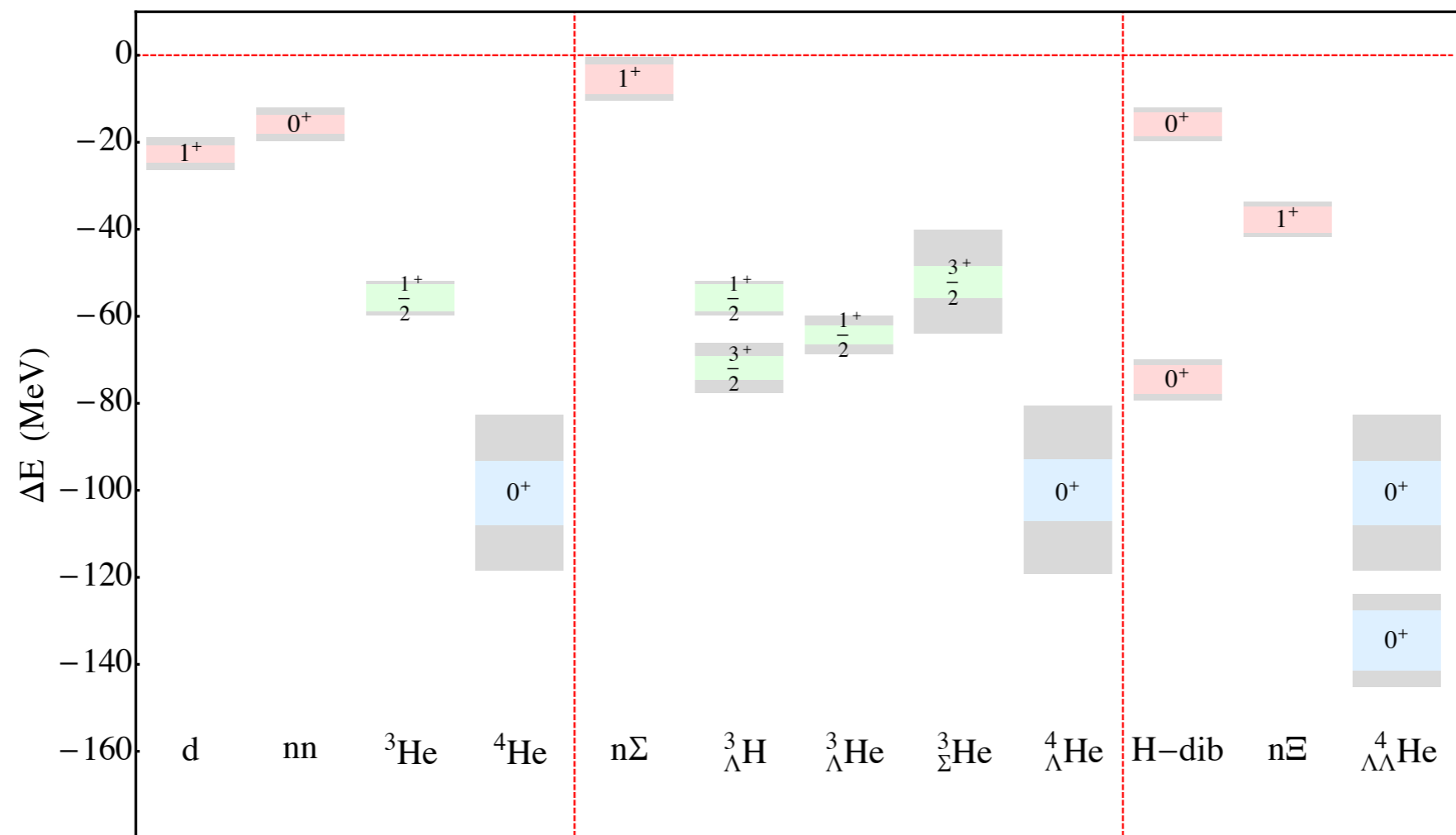
4. Nuclear reactions: $np \rightarrow d\gamma$

[PRL **115**, 132001 (2015)]



Light nuclei

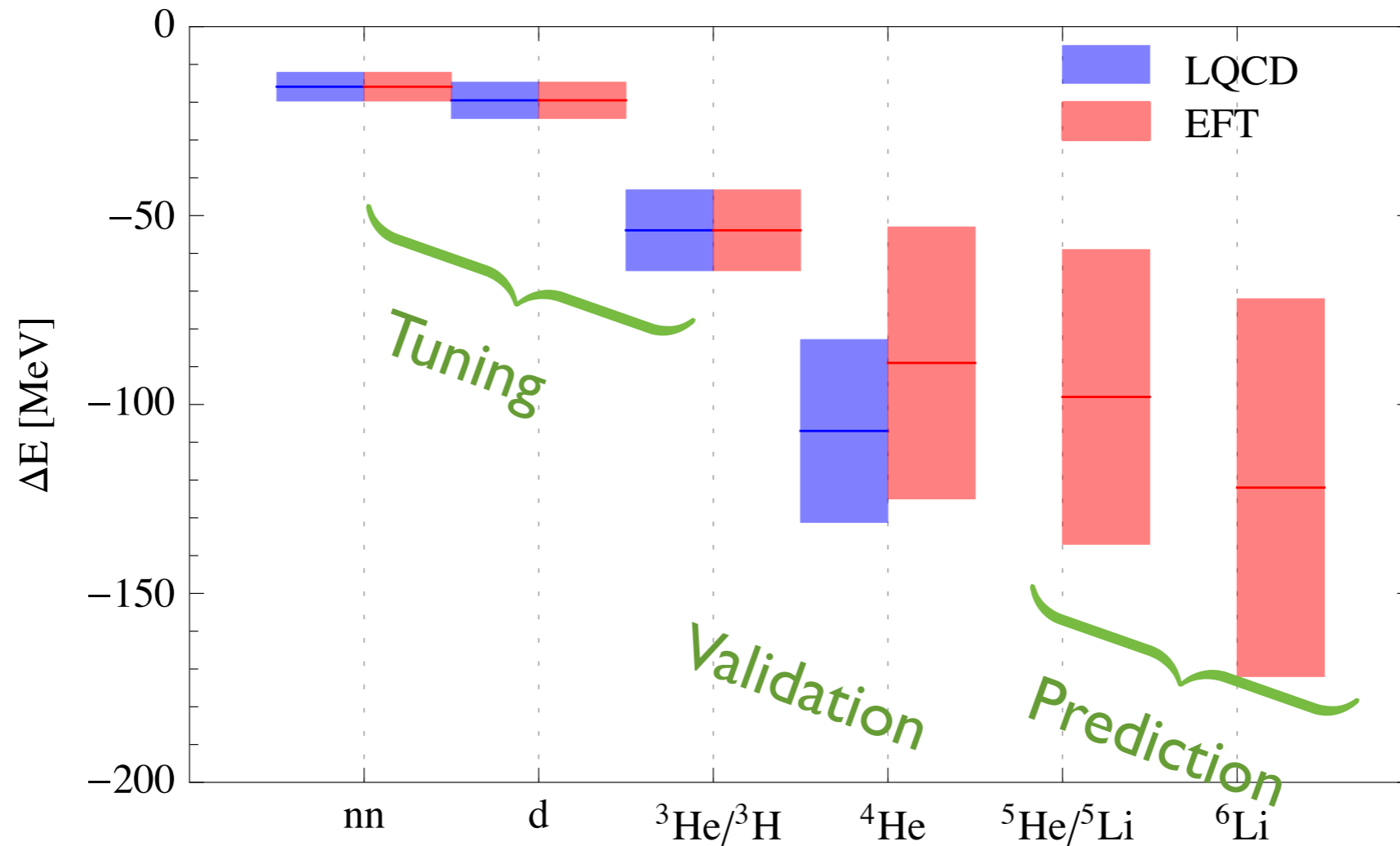
- Light hypernuclear binding energies @ $m_\pi=800$ MeV



- More states bound; deeper bindings;

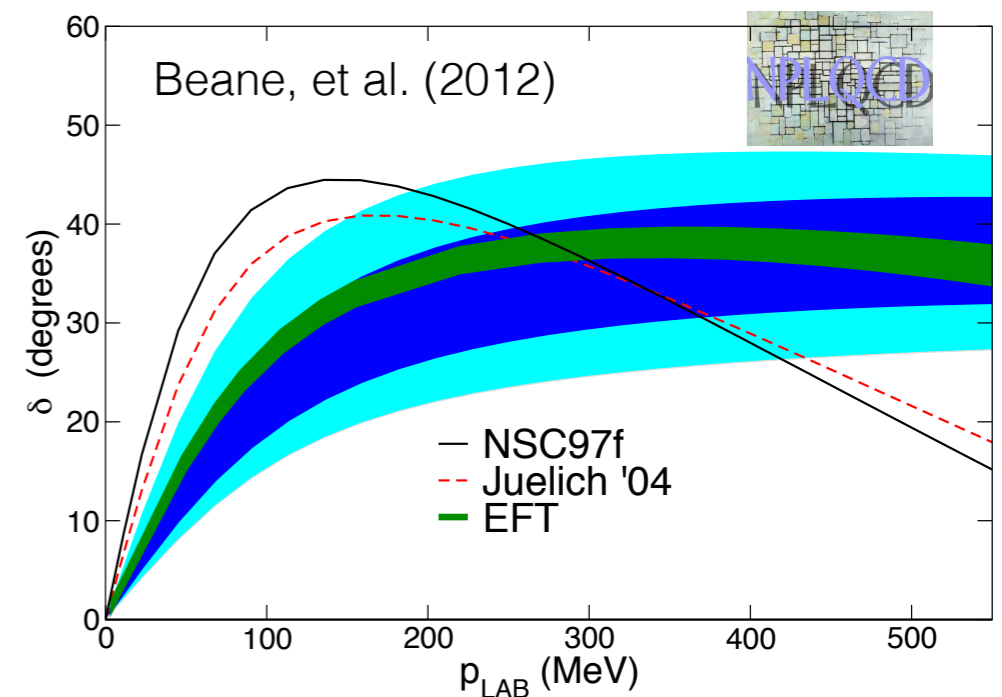
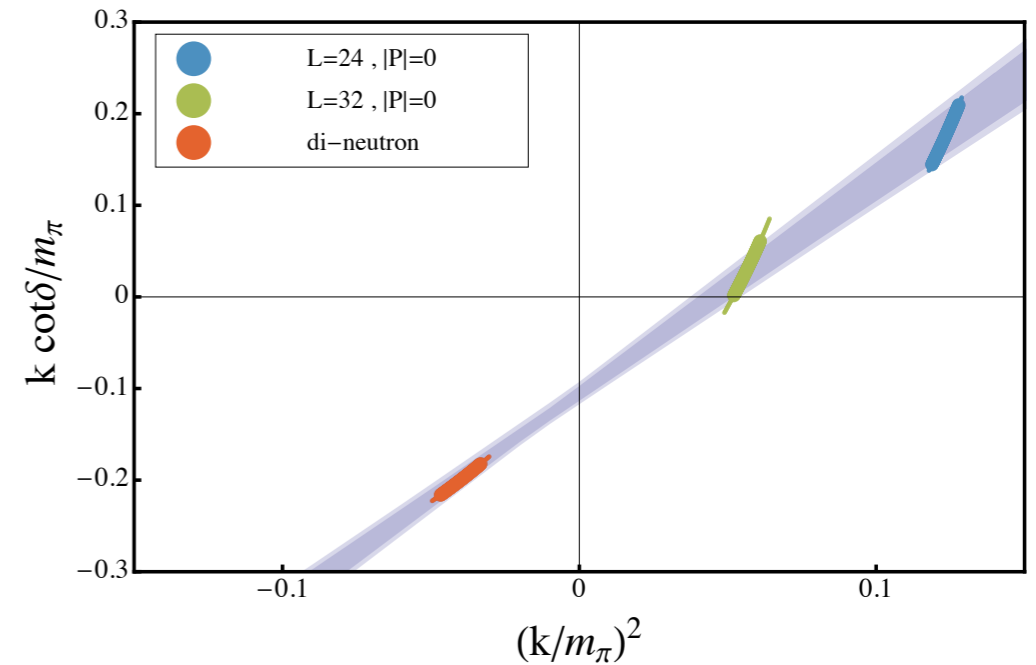
Heavy quark universe

- Combining LQCD and pionless EFT [Barnea et al, PRL 2015]



- More detailed matchings possible (FV spectrum,...)

- Scattering phase shift extracted through Lüscher method
- Two particle energies in finite volume depend on scattering information
- NEFT: extrapolate phase shifts to physical masses
- Hyperon-nucleon interactions [Beane et al. PRL 2012]
- Determine NEFT LECs and use to predict $\ell=2$ deuteron interaction from $\ell=0$

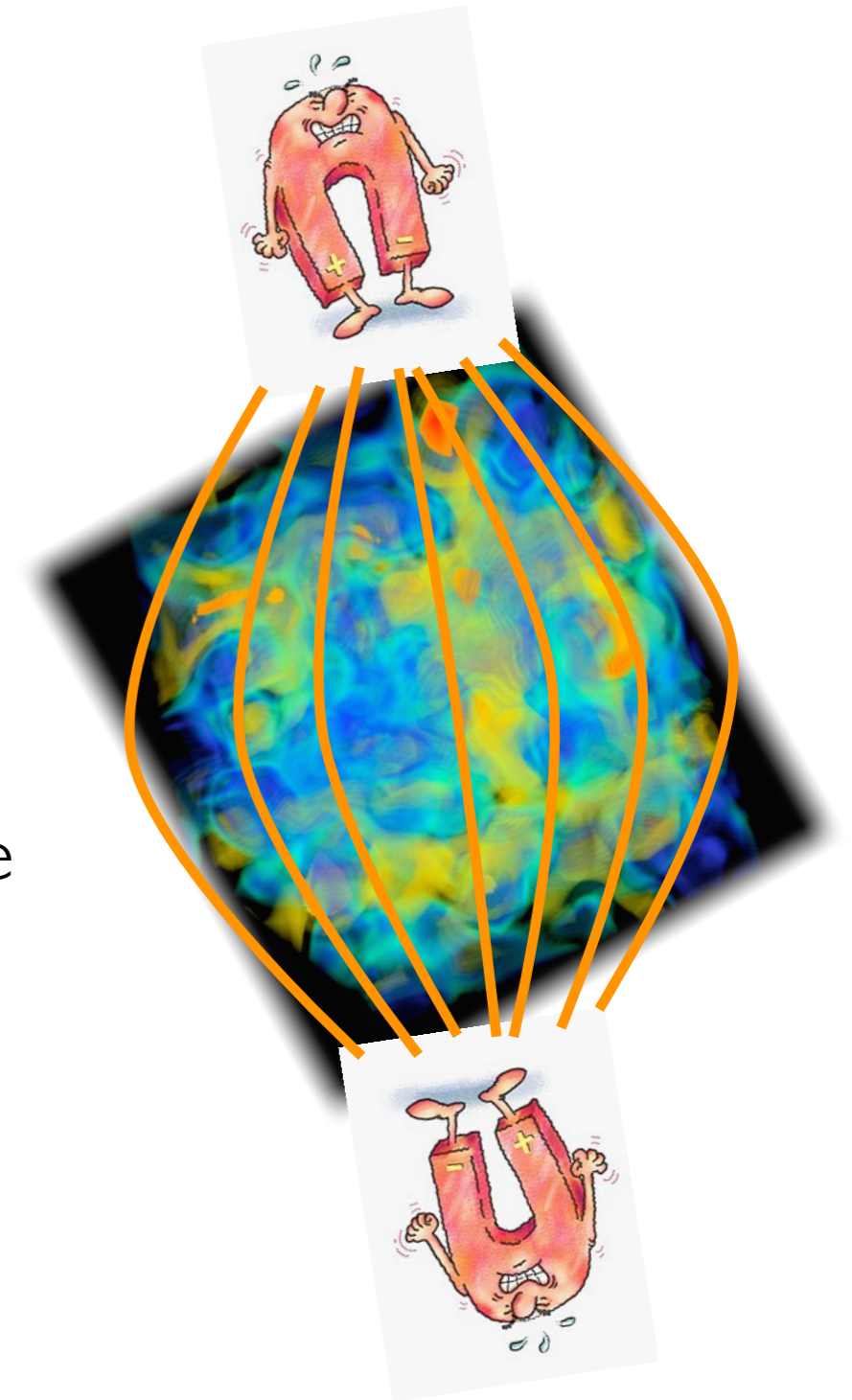


Magnetic moments

- Hadron/nuclear energies are modified by presence of fixed external fields
- Eg: fixed B field

$$E_{h;j_z}(\mathbf{B}) = \sqrt{M_h^2 + (2n+1)|Q_h e B|} - \boldsymbol{\mu}_h \cdot \mathbf{B} - 2\pi\beta_h^{(M0)}|\mathbf{B}|^2 - 2\pi\beta_h^{(M2)}\langle\hat{T}_{ij}B_iB_j\rangle + \dots$$

- QCD calculations with multiple fields enable extraction of coefficients of response
 - Eg: magnetic moments, polarisabilities, ...
 - Not restricted to simple EM fields (axial, twist-2,...)



Magnetic moments of nuclei

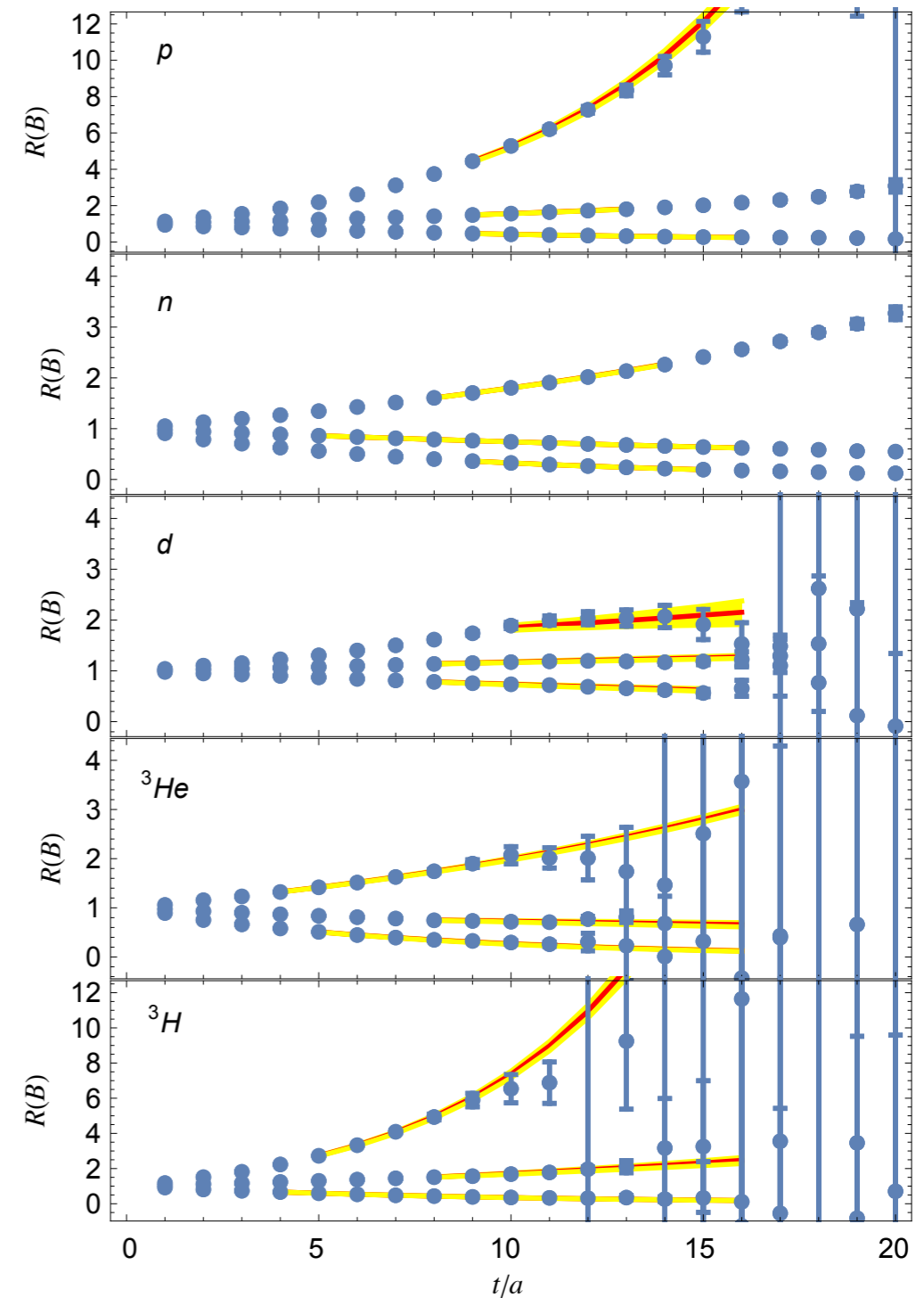
- Magnetic field in z-direction (strength quantised by lattice periodicity)
- Magnetic moments from spin splittings

$$\delta E^{(B)} \equiv E_{+j}^{(B)} - E_{-j}^{(B)} = -2\mu|\mathbf{B}| + \gamma|\mathbf{B}|^3 + \dots$$

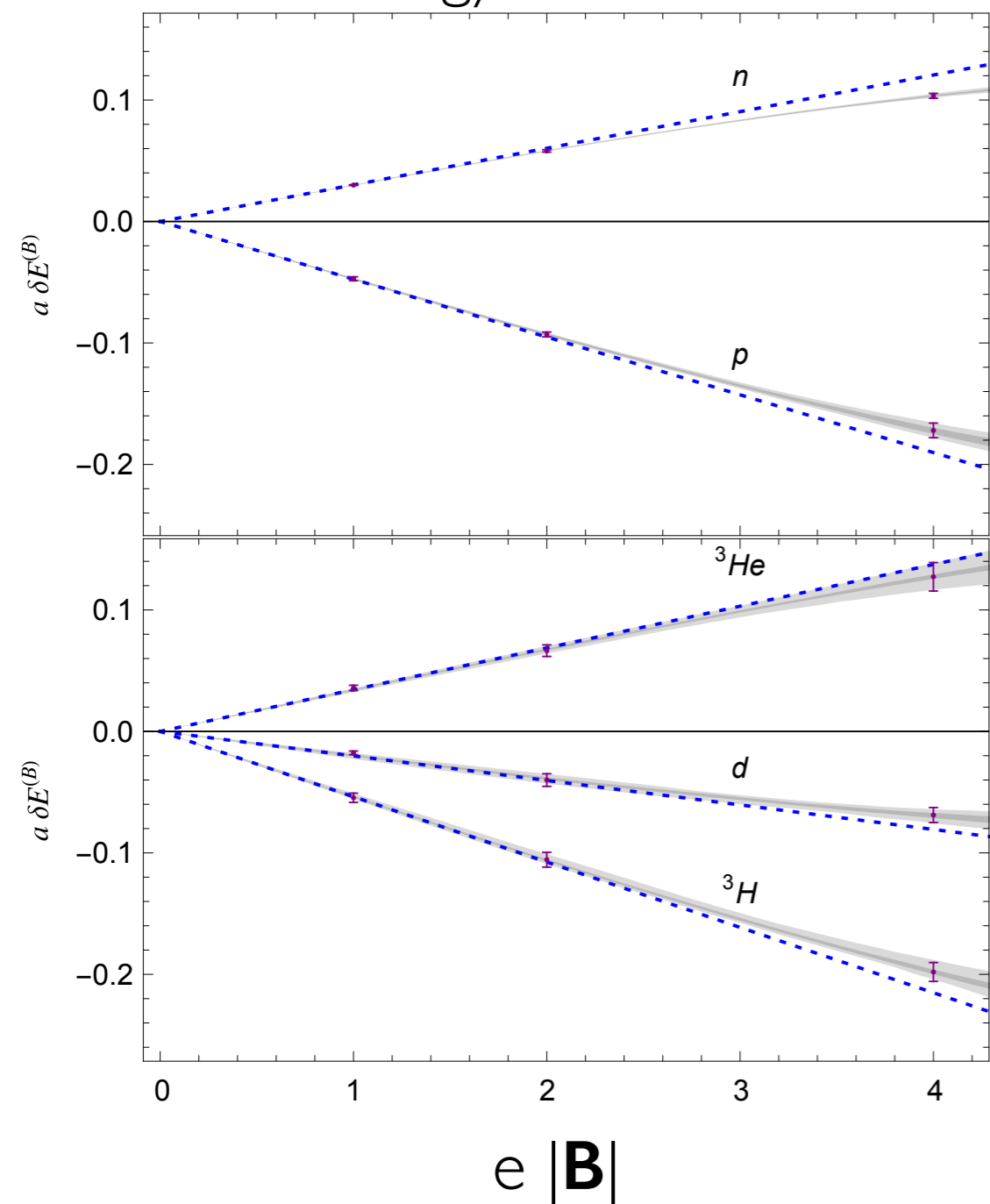
- Extract splittings from ratios of correlation functions

$$R(B) = \frac{C_j^{(B)}(t) C_{-j}^{(0)}(t)}{C_{-j}^{(B)}(t) C_j^{(0)}(t)} \xrightarrow{t \rightarrow \infty} Z e^{-\delta E^{(B)} t}$$

- Careful to be in single exponential region of each correlator

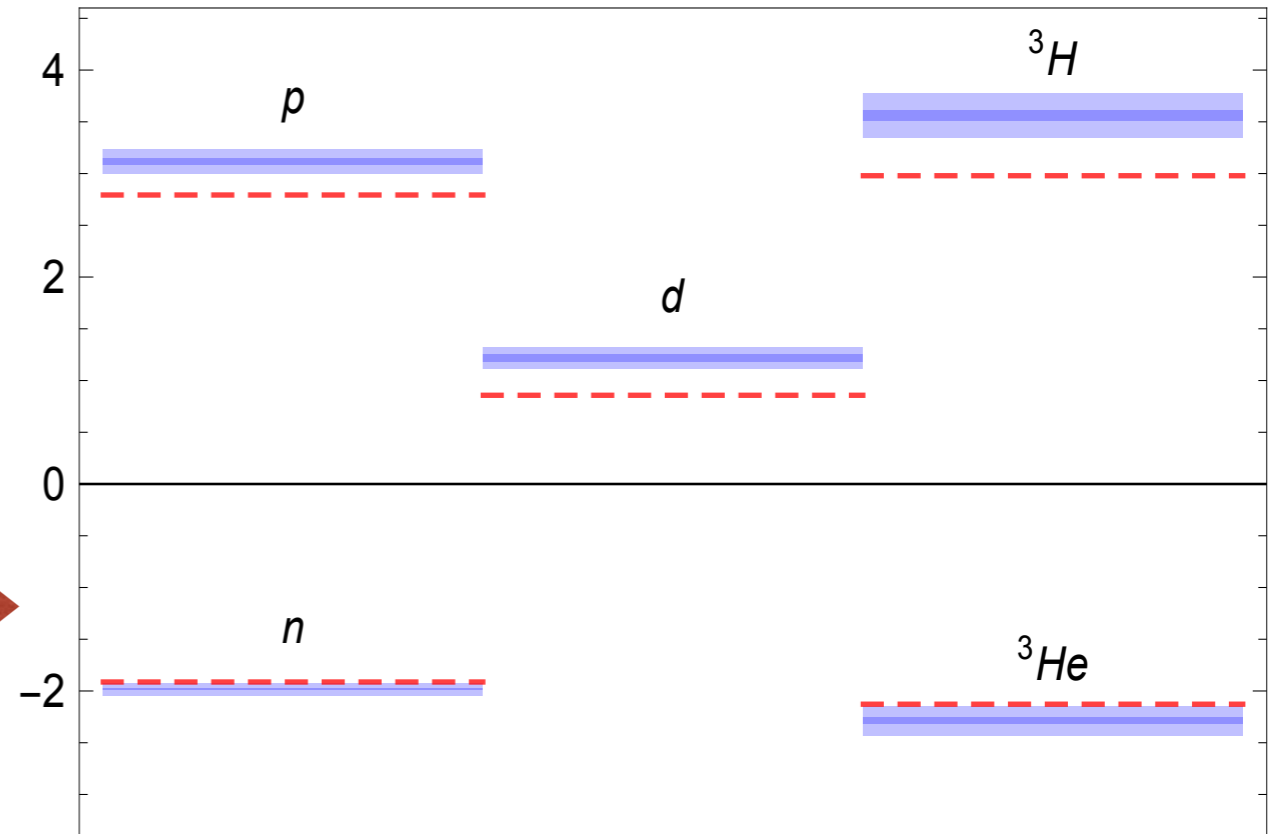
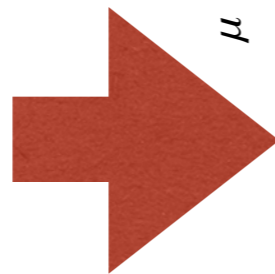
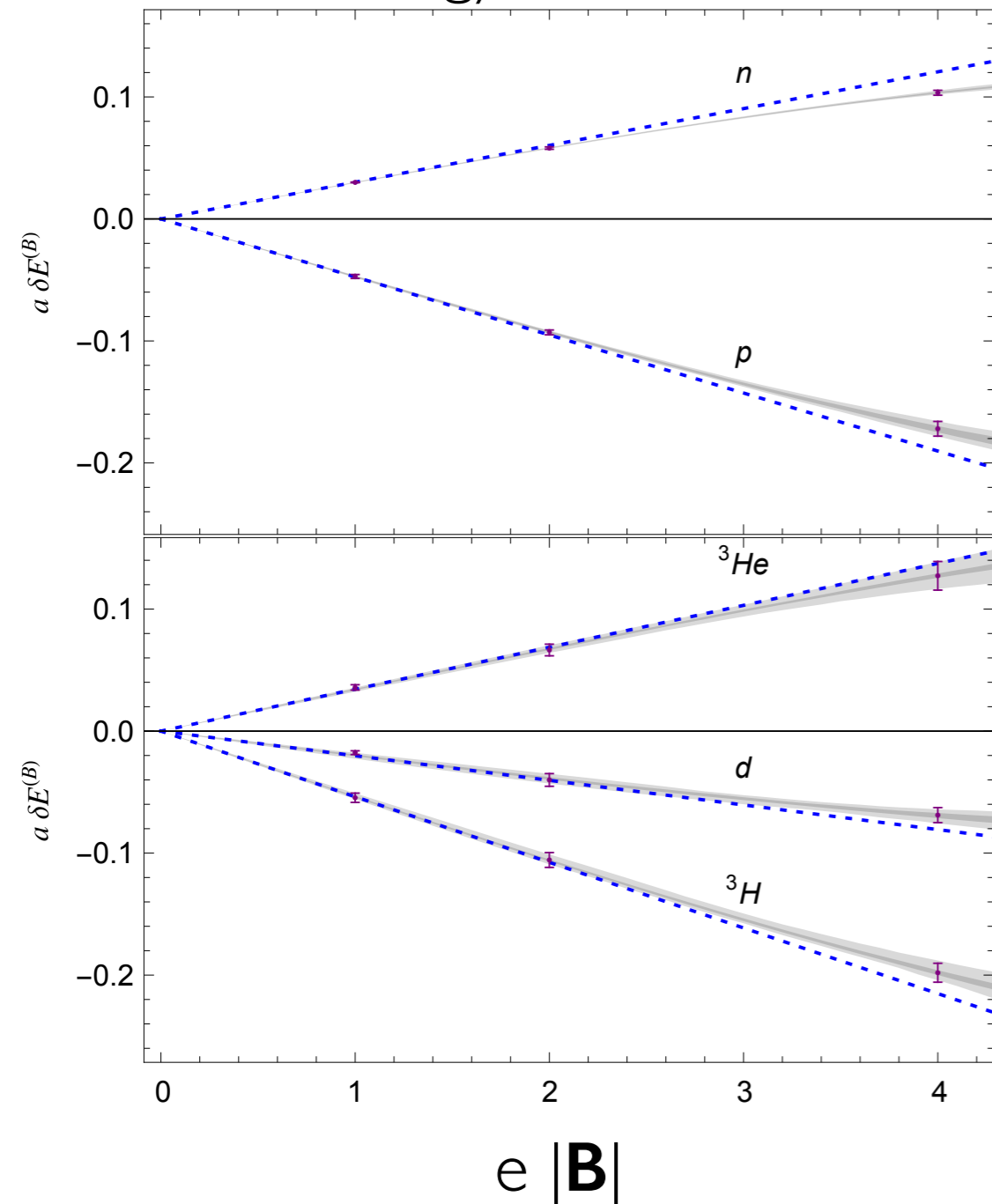


Energy shift vs B



Magnetic moments of nuclei

Energy shift vs B



 QCD @ $m_\pi = 800$ MeV
 Experiment

	n	p	d	³H	³He
μ	-1.98(1)(2)	3.21(3)(6)	1.22(4)(9)	-2.29(3)(12)	3.56(5)(18)

In units of appropriate nuclear magnetons (heavy M_N)
 [NPLQCD PRL **113**, 252001 (2014)]

Magnetic moments of nuclei

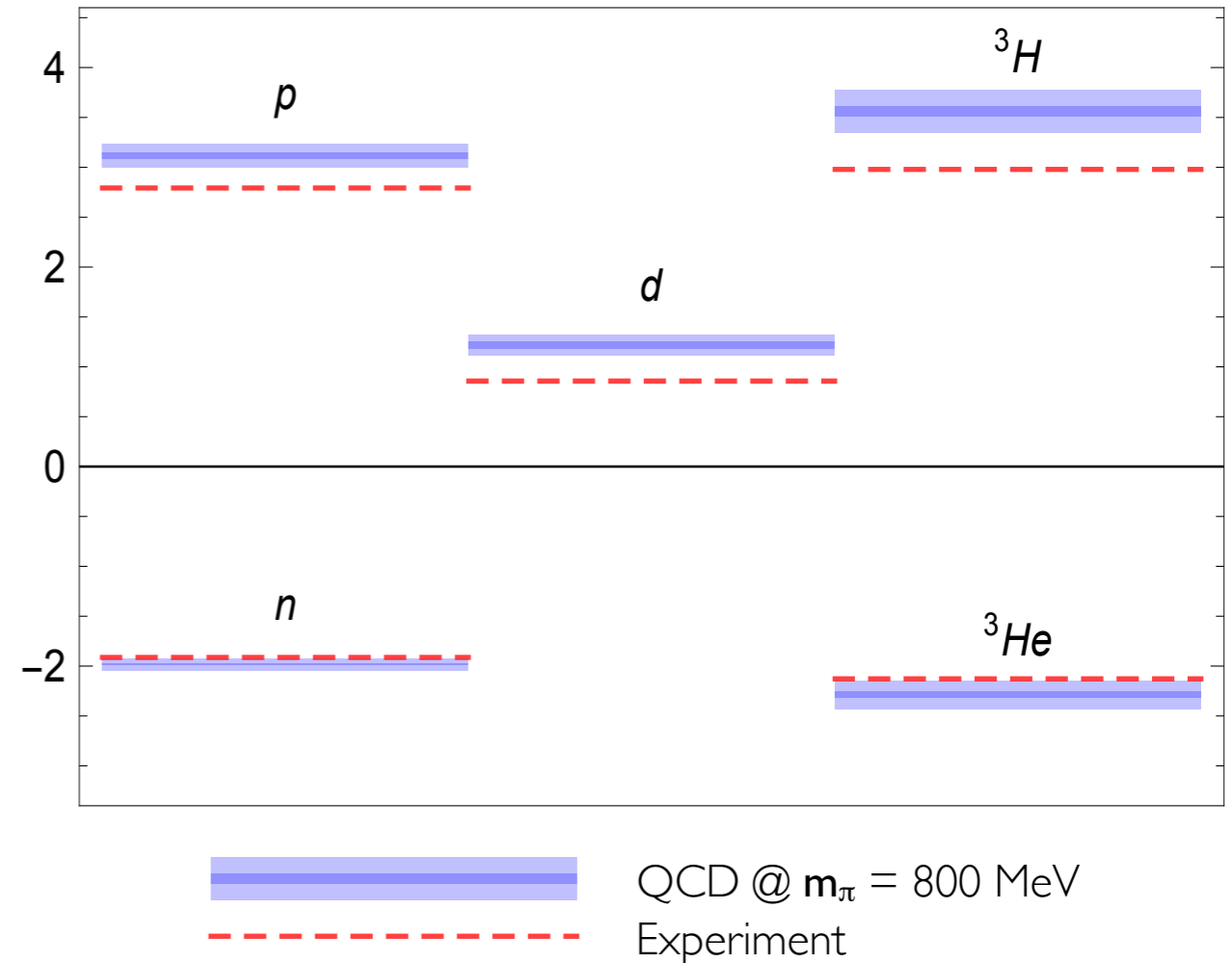
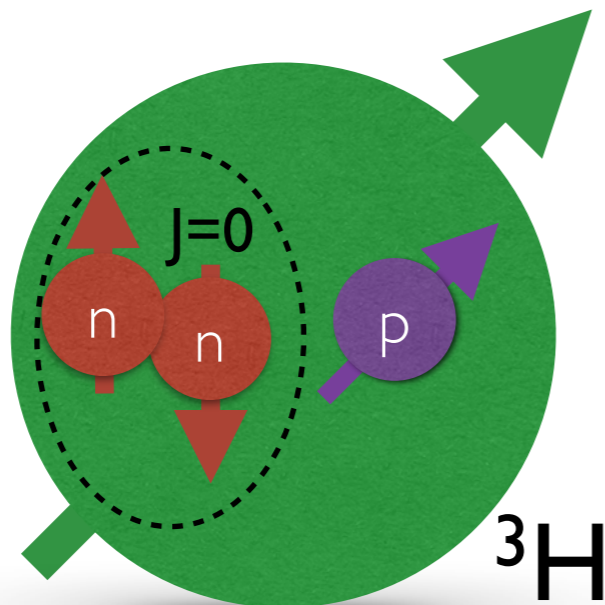
- Numerical values are surprisingly interesting

- Shell model expectations

$$\mu_d = \mu_p + \mu_n$$

$$\mu^{{}^3\text{H}} = \mu_p$$

$$\mu^{{}^3\text{He}} = \mu_n$$



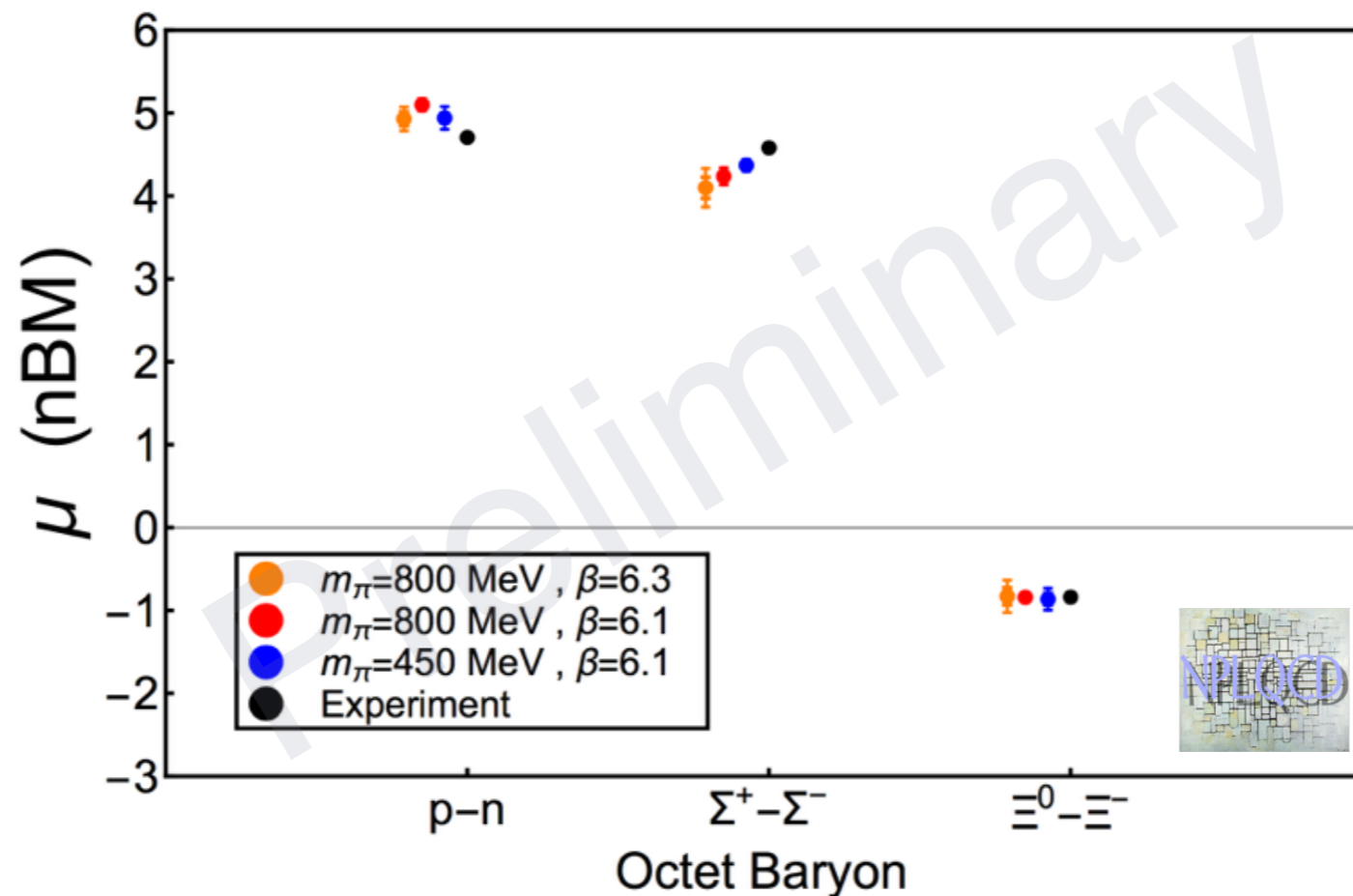
- Lattice results appear to suggest heavy quark nuclei are shell-model like!

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An puzzle for EFT?

- Quark mass dependence on magnetic moments becomes very flat in natural nuclear magnetons $\frac{e}{2M_B(m_\pi)}$



- NOT the expectation of ChPT:

$$\mu_N \sim \mu_0 + c m_\pi \quad \text{vs} \quad M_N \sim M_0 + d m_\pi^2$$

Magnetic Polarisabilities

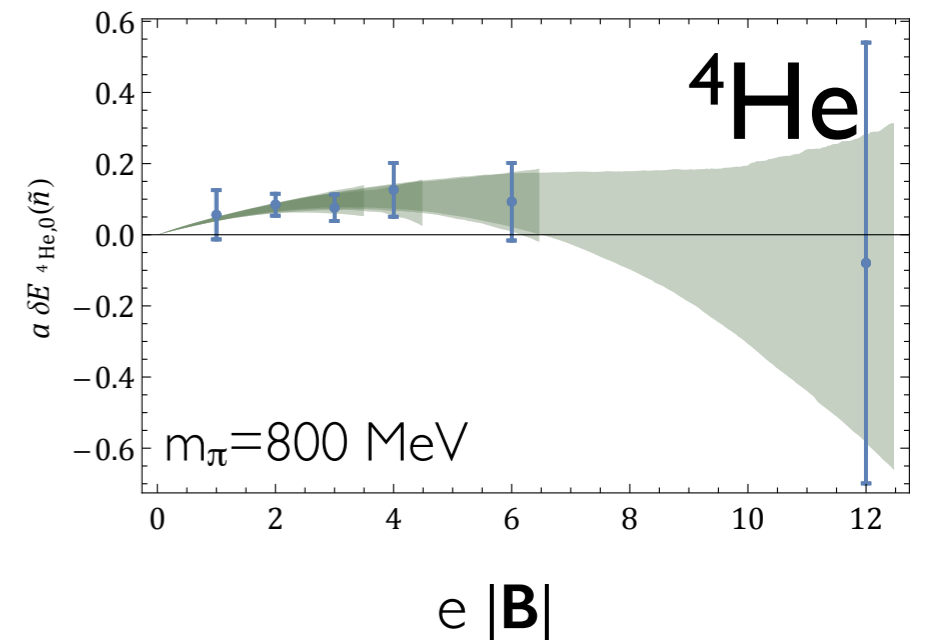
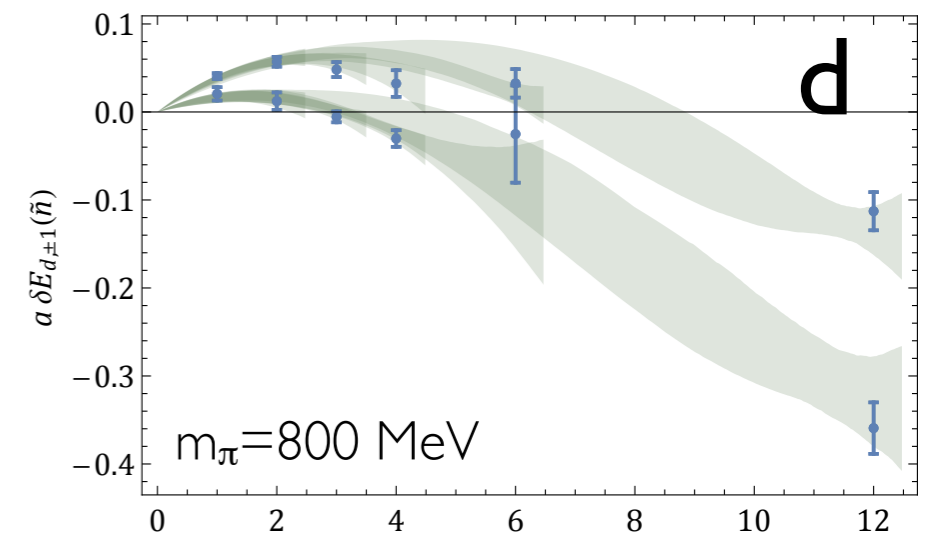
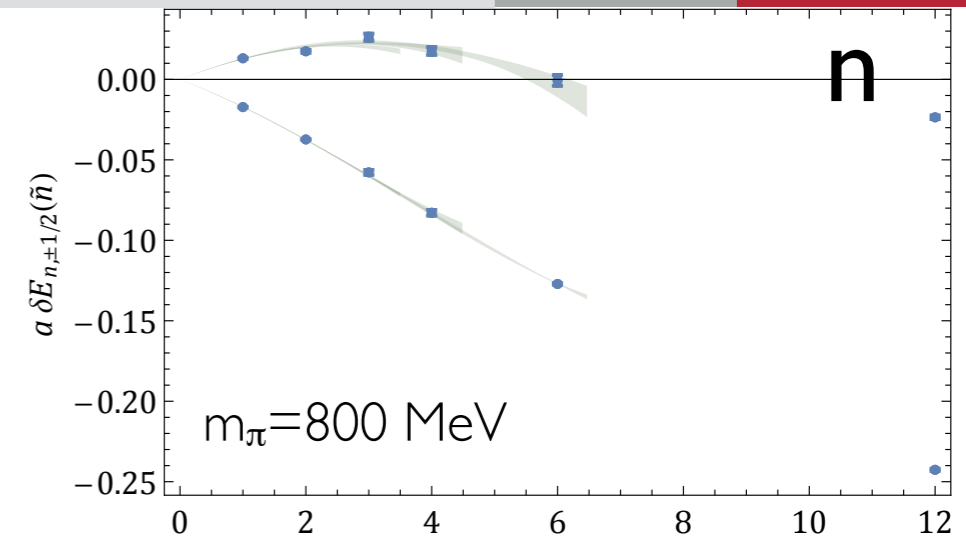
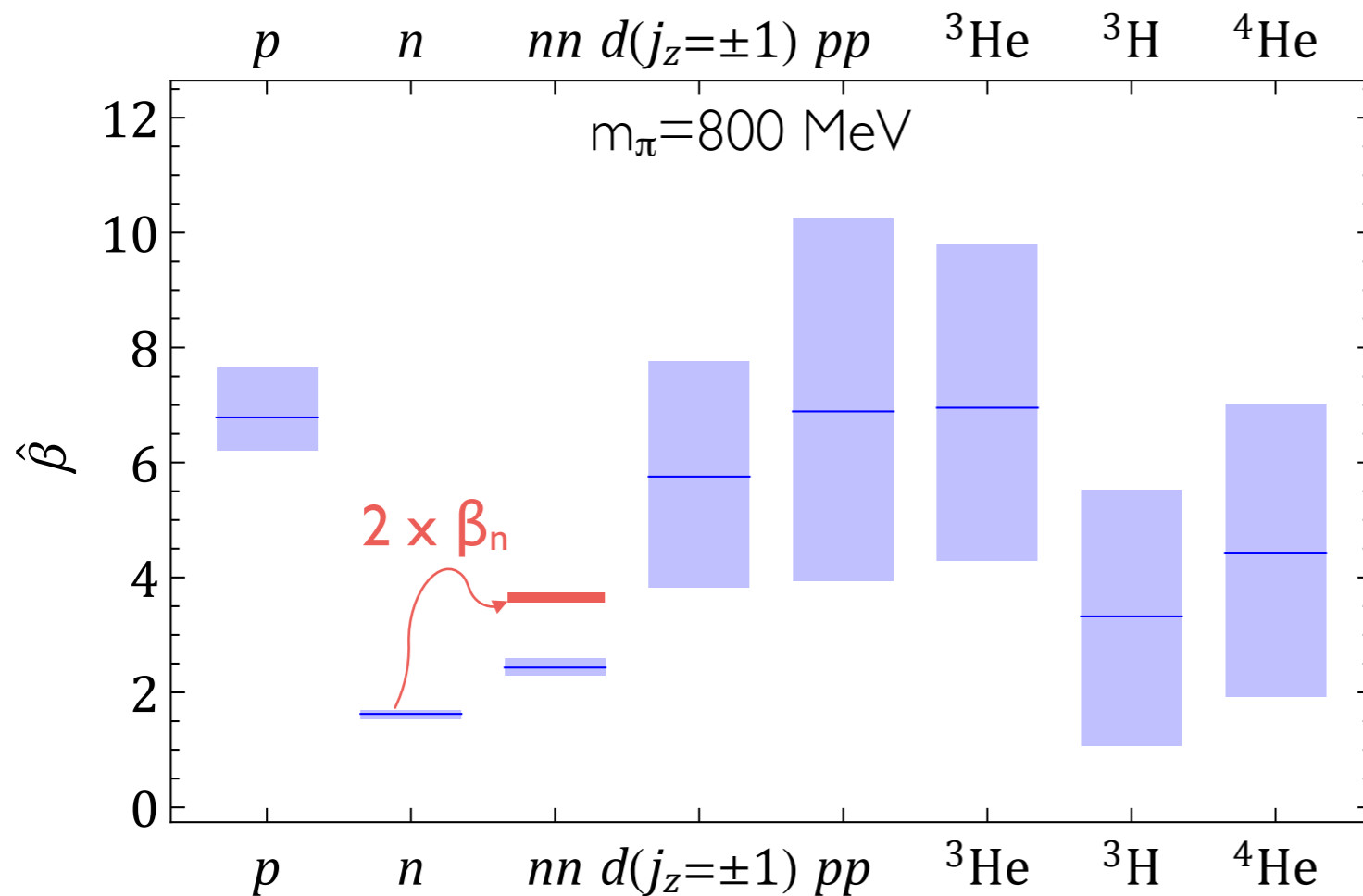
[NPLQCD 1506.05518]

- Second order shifts

$$E_{h;j_z}(\mathbf{B}) = \sqrt{M_h^2 + (2n+1)|Q_h e B|} - \boldsymbol{\mu}_h \cdot \mathbf{B} - 2\pi\beta_h^{(M0)}|\mathbf{B}|^2 - 2\pi\beta_h^{(M2)}\langle\hat{T}_{ij}B_iB_j\rangle + \dots$$

- Care required with Landau levels

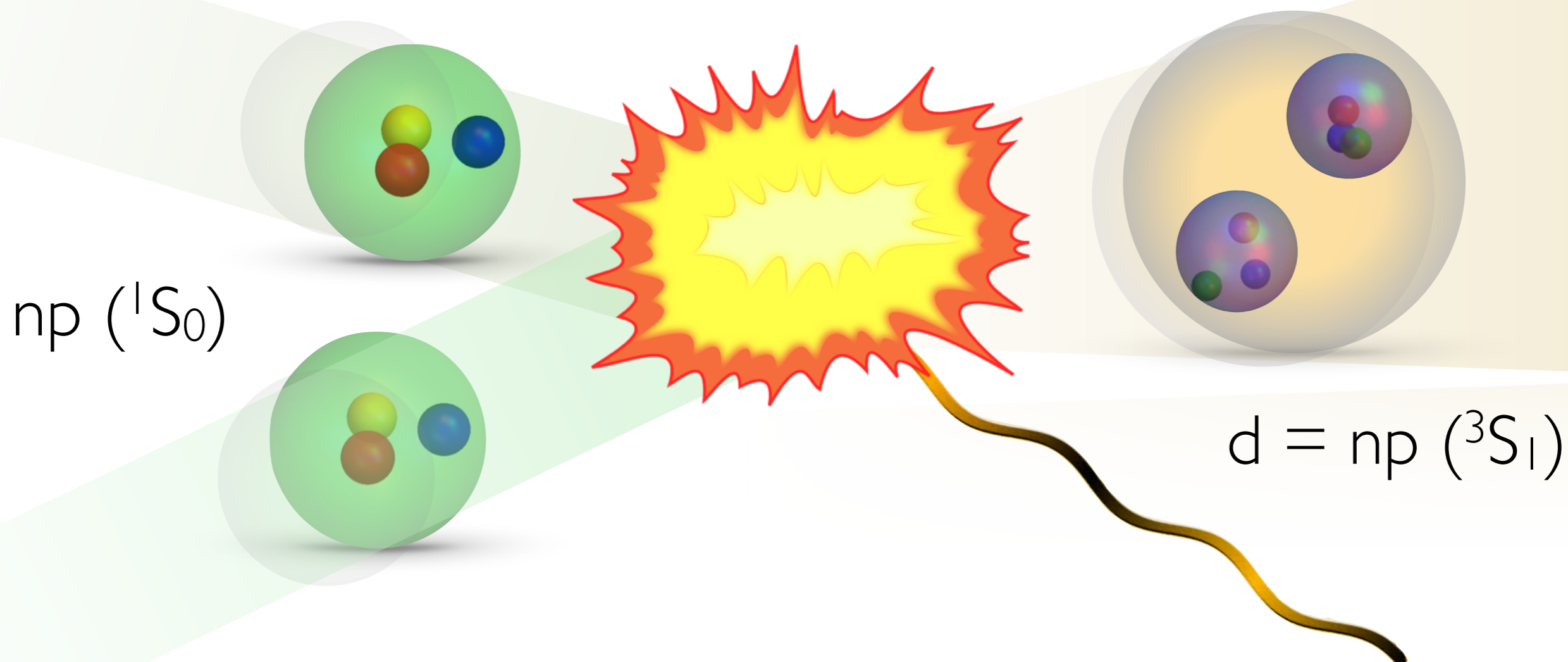
- Polarisabilities (dimensionless units)



Thermal Neutron Capture Cross-Section

[NPLQCD PRL 115, 132001 (2015)]

- Thermal neutron capture cross-section: $np \rightarrow d\gamma$
- Critical process in Big Bang Nucleosynthesis
- Historically important: nucleus is not just nucleons
- First QCD nuclear reaction!



$$Z_d = 1/\sqrt{1 - \gamma_0 r_3}$$

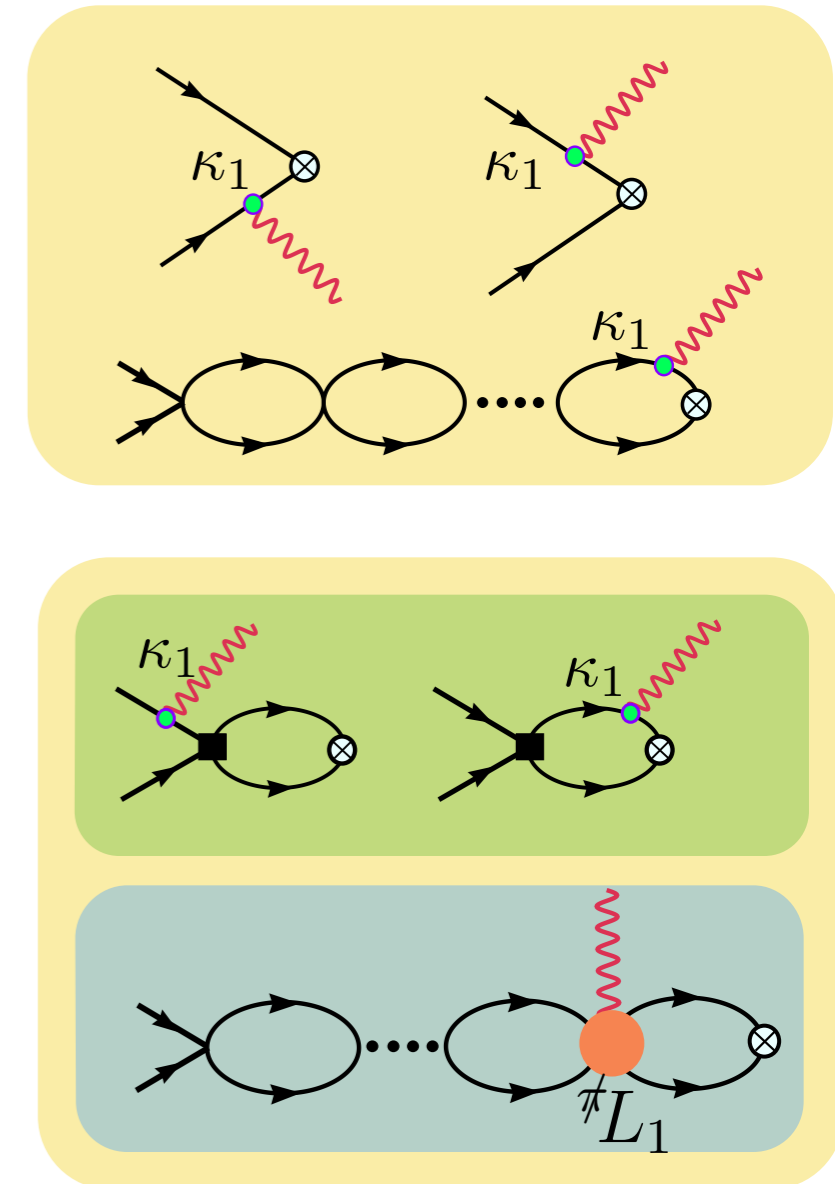
- Cross-section at threshold calculated in pionless EFT

$$\sigma(np \rightarrow d\gamma) = \frac{e^2(\gamma_0^2 + |\mathbf{p}|^2)^3}{M^4\gamma_0^3|\mathbf{p}|} |\tilde{X}_{M1}|^2 + \dots$$

- EFT expansion at LO given by mag. moments
- NLO contributions from short-distance two nucleon operators

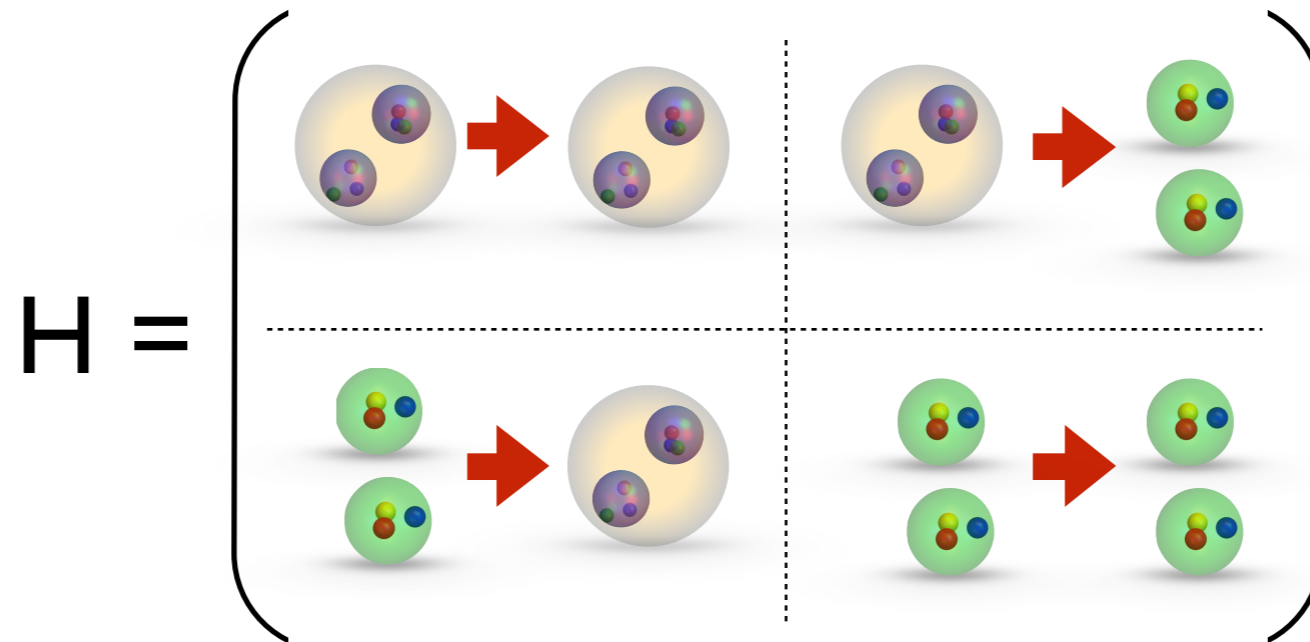
$$\tilde{X}_{M1} = \frac{Z_d}{-\frac{1}{a_1} + \frac{1}{2}r_1|\mathbf{p}|^2 - i|\mathbf{p}|} \times \left[\frac{\kappa_1\gamma_0^2}{\gamma_0^2 + |\mathbf{p}|^2} \left(\gamma_0 - \frac{1}{a_1} + \frac{1}{2}r_1|\mathbf{p}|^2 \right) + \frac{\gamma_0^2}{2}l_1 \right]$$

- Phenomenological description with 1% accuracy for E < 1 MeV
- Short distance (MEC) contributes ~10%



Riska, Phys.Lett. B38 (1972) 193
 MECs: Hokert et al, Nucl.Phys. A217 (1973) 14
 Chen et al., Nucl.Phys. A653 (1999) 386
 EFT: Chen et al, Phys.Lett. B464 (1999) 1
 Rupak Nucl.Phys. A678 (2000) 405

- Presence of magnetic field mixes $I_z=J_z=0$ 3S_1 and 1S_0 np systems



- Calculate energies in presence of B fields
- Shift of eigenvalues determined by transition amplitude

[WD, & M Savage 2004]

$$\Delta E_{3S_1, 1S_0} = \mp (\kappa_1 + \bar{L}_1) \frac{eB}{M} + \dots$$

- $|z|=|z|=0$ correlation matrix

$$\mathbf{C}(t; \mathbf{B}) = \begin{pmatrix} C_{3S_1, 3S_1}(t; \mathbf{B}) & C_{3S_1, 1S_0}(t; \mathbf{B}) \\ C_{1S_0, 3S_1}(t; \mathbf{B}) & C_{1S_0, 1S_0}(t; \mathbf{B}) \end{pmatrix}$$

Lattice correlator
with 3S_1 source and 1S_0 sink

- Generalised eigenvalue problem

$$[\mathbf{C}(t_0; \mathbf{B})]^{-1/2} \mathbf{C}(t; \mathbf{B}) [\mathbf{C}(t_0; \mathbf{B})]^{-1/2} v = \lambda(t; \mathbf{B}) v$$

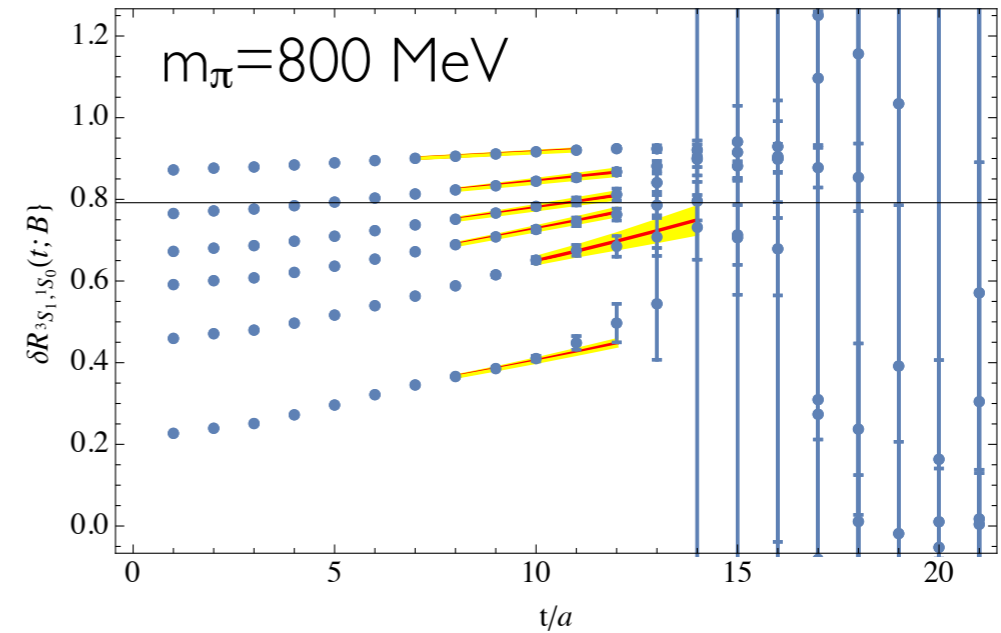
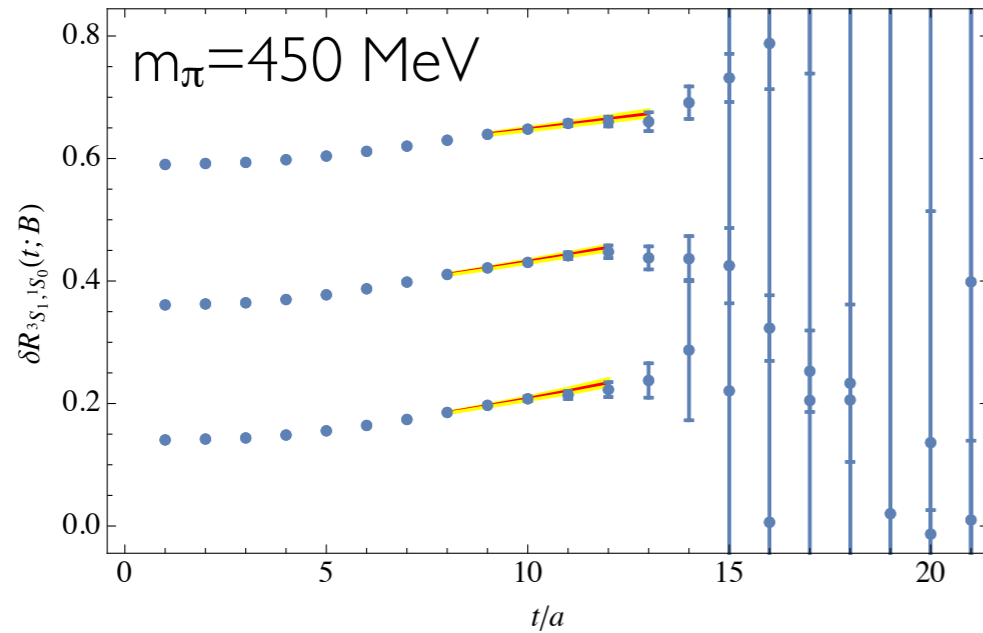
- Ratio of correlator ratios to extract 2-body

$$R_{3S_1, 1S_0}(t; \mathbf{B}) = \frac{\lambda_+(t; \mathbf{B})}{\lambda_-(t; \mathbf{B})} \xrightarrow{t \rightarrow \infty} \hat{Z} \exp [2 \Delta E_{3S_1, 1S_0} t]$$

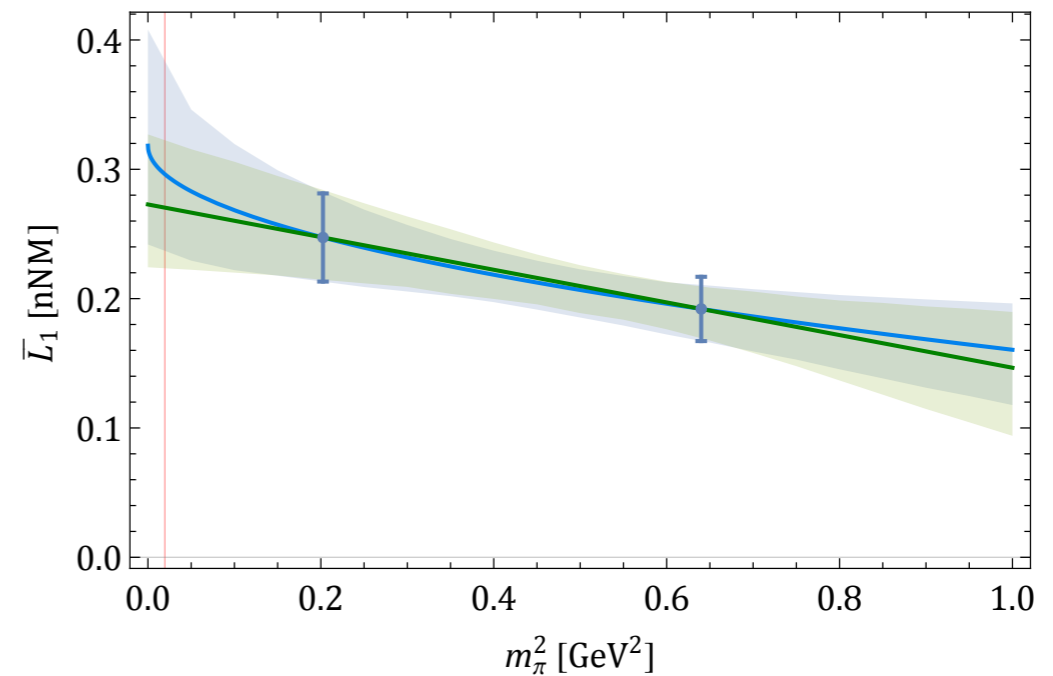
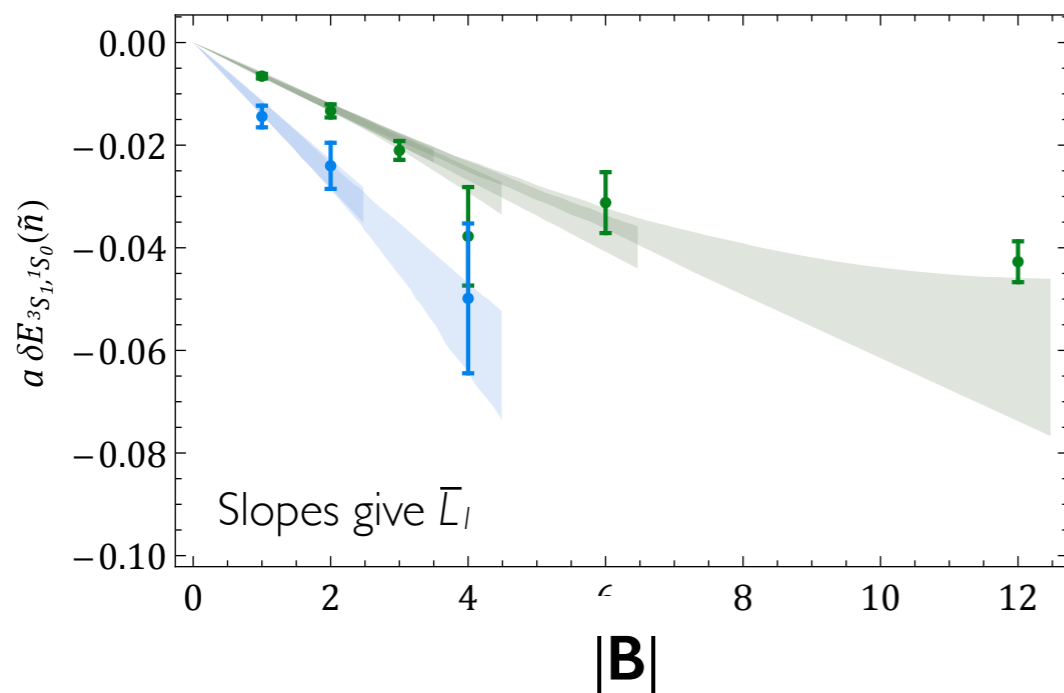
$$\delta R_{3S_1, 1S_0}(t; \mathbf{B}) = \frac{R_{3S_1, 1S_0}(t; \mathbf{B})}{\Delta R_p(t; \mathbf{B}) / \Delta R_n(t; \mathbf{B})} \rightarrow A e^{-\delta E_{3S_1, 1S_0}(\mathbf{B}) t}$$

$$\begin{aligned} \delta E_{3S_1, 1S_0} &\equiv \Delta E_{3S_1, 1S_0} - [E_{p, \uparrow} - E_{p, \downarrow}] + [E_{n, \uparrow} - E_{n, \downarrow}] \\ &\rightarrow 2\bar{L}_1 |e\mathbf{B}| / M + \mathcal{O}(\mathbf{B}^2) \end{aligned}$$

■ Correlator ratios



■ Field strength & mass dependence



- Key point: extract short-distance contribution at physical mass

$$\bar{L}_1^{\text{lqcd}} = 0.285({}^{+63}_{-60}) \text{ NM}$$

- Use EFT to combine with phenomenological nucleon magnetic moment, scattering parameters

$$\sigma^{\text{lqcd}}(np \rightarrow d\gamma) = 307.8(1 + 0.273 \bar{L}_1^{\text{lqcd}}) \text{ mb}$$

$$\sigma^{\text{lqcd}}(np \rightarrow d\gamma) = 332.4({}^{+5.4}_{-4.7}) \text{ mb}$$

c.f. phenomenological value

$$\sigma^{\text{expt}}(np \rightarrow d\gamma) = 334.2(0.5) \text{ mb}$$

- NB: at $m_\pi=800$ MeV, use LQCD for all inputs (ab initio)

$$\sigma^{800 \text{ MeV}}(np \rightarrow d\gamma) \sim 10 \text{ mb}$$



Future: Precision Nuclear Physics

Nuclear matrix elements

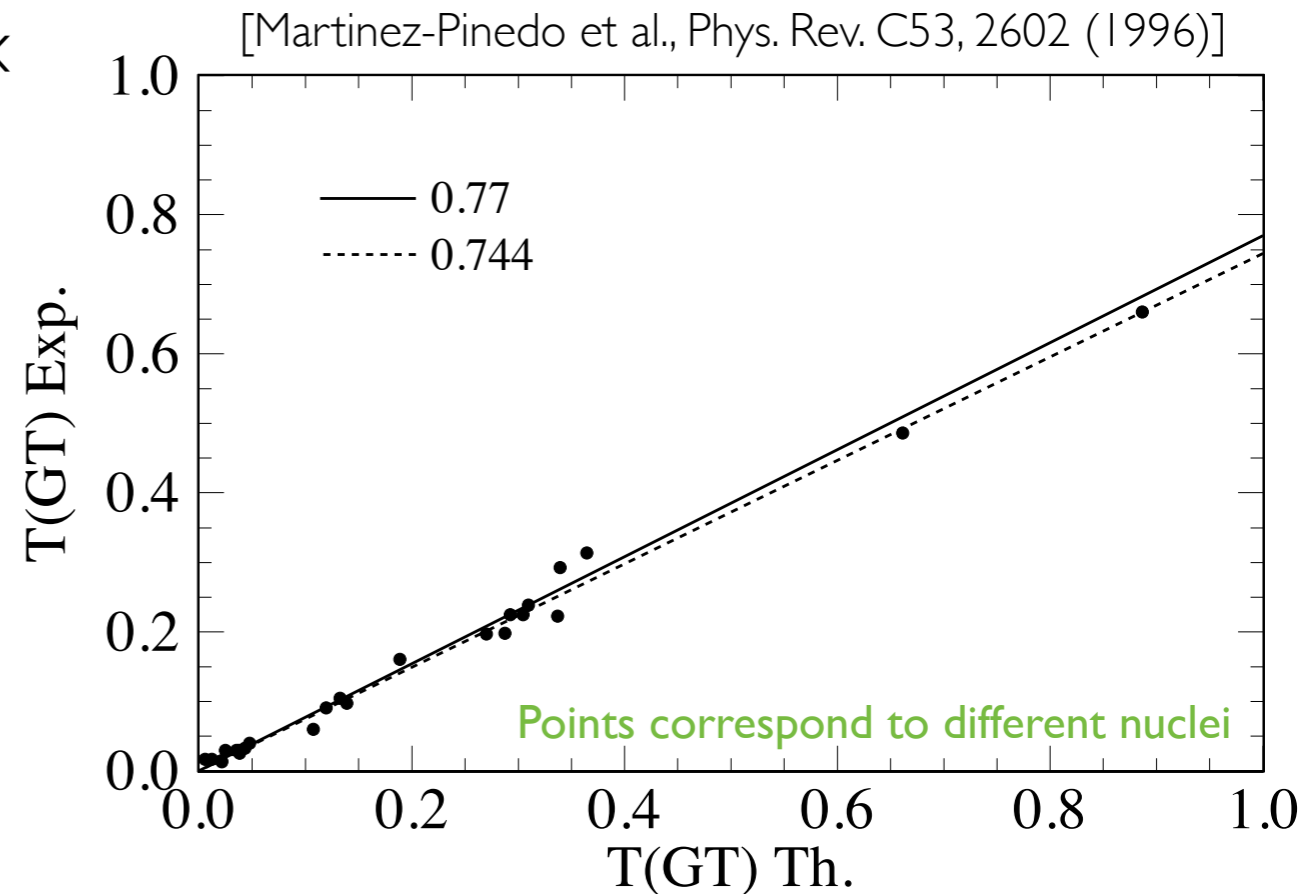
Nuclear matrix elements

- *Major component is many current and upcoming experiments is nuclear targets*
- Intensity frontier: precise experiments
 - Sensitivity to probe the rarest interactions of the SM
 - Look for effects where there is no SM contribution
- Neutrino beams
- Dark matter direct detection
- $\beta\beta$ decay, charged lepton flavour violation, EDMs, proton decay, neutron-antineutron oscillations...
- Important focus of HEP/NP experimental programs

- How well do we know nuclear matrix elements?

😓 Stark example of problems:
Gamow-Teller transitions in nuclei

- Well measured for large range of nuclei ($30 < A < 60$)
- Many nuclear structure calcs (QRPA, shell-model,...) – spectrum well described
- GT matrix elements systematically off by 20–30%
- “Correct” by “quenching” axial charge in nuclei ...

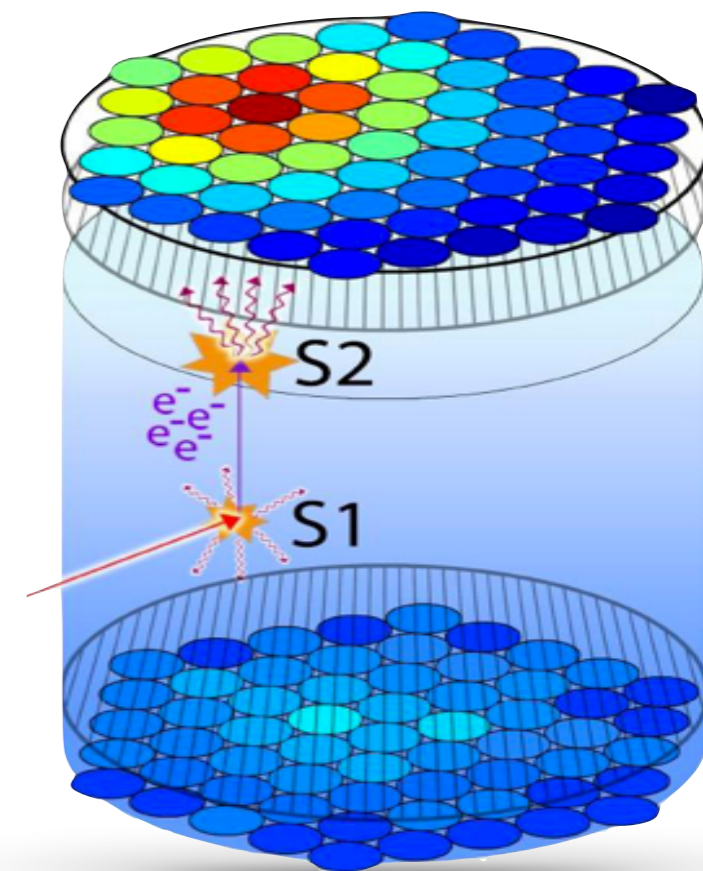


$$T(GT) \sim \sqrt{\sum_f \langle \sigma \cdot \tau \rangle_{i \rightarrow f}}$$

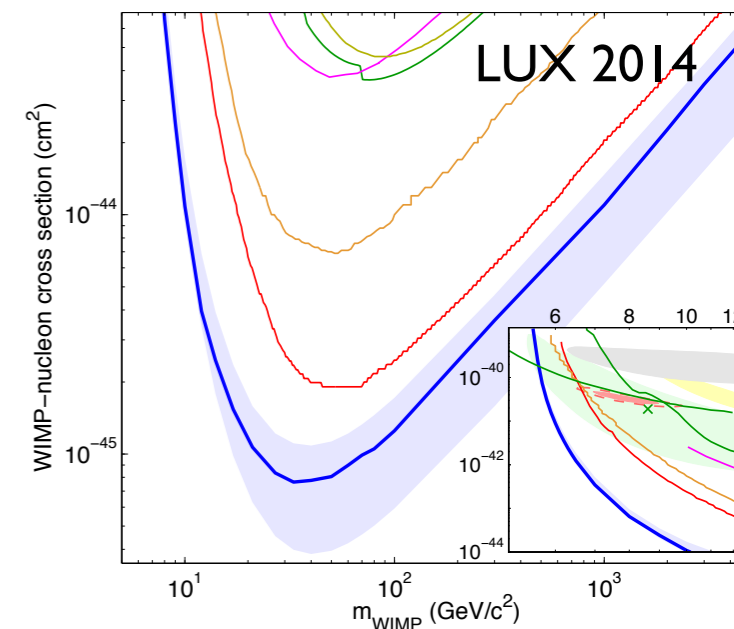
$$\langle \sigma \tau \rangle = \frac{\langle f || \sum_k \sigma^k t_{\pm}^k || i \rangle}{\sqrt{2J_i + 1}}$$

The intensity frontier

- Dark matter direct detection: nuclear recoils in large bucket of nuclei as signal
- Detection rate/bounds depends on dark matter properties/dynamics and x-sec on nucleus
- 😍 Positive signals would be unambiguous
- 😞 Post-detection: precise nuclear x-sec (with quantified uncertainties) to discern underlying dynamics
- Potentially understand seemingly conflicting positive and negative signals
- Inform experimental design and backgrounds

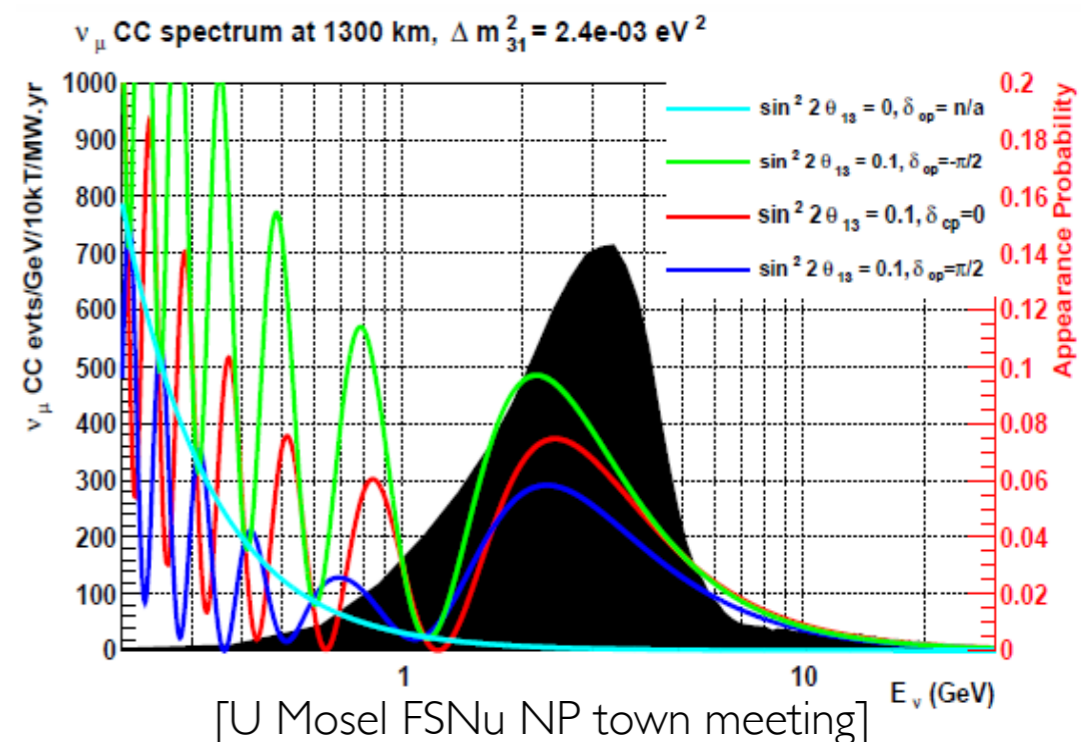
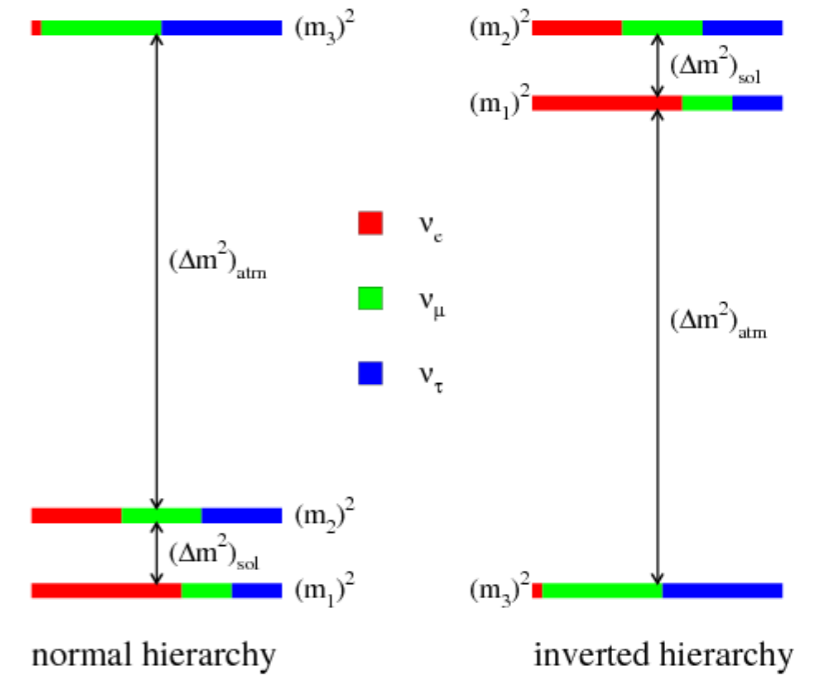


<http://www.hep.ucl.ac.uk/darkMatter/>



The intensity frontier

- LBNF/DUNE: extraction of neutrino mass hierarchy and precise mixing parameters
- Neutrino scattering on argon target
- Requires knowing energies/fluxes to high accuracy
- Nuclear axial & transition form factors
- Resonances
- Neutrino-nucleus DIS
- ~10% uncertainty on oscillation parameters [C Mariani, INT workshop 2013]



The intensity frontier

- EDMs: potential light nuclear EDM experiments offer complementary handles on CPV

- $0\nu\beta\beta$ decay: fundamental nature of neutrinos

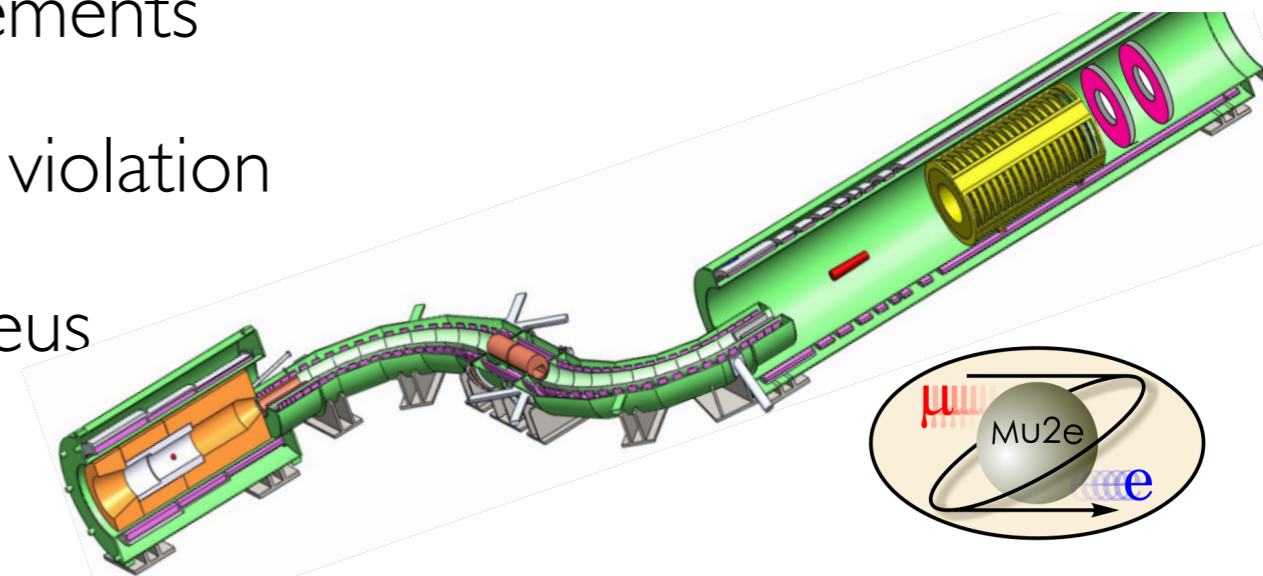
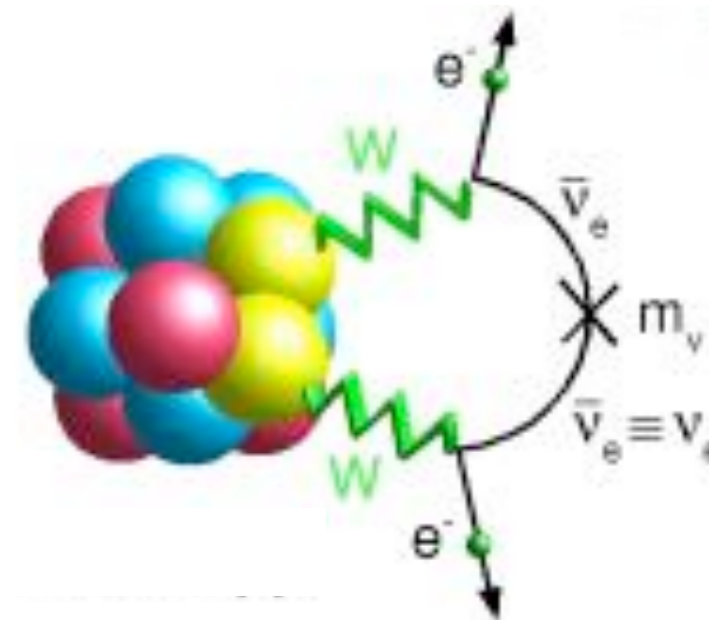
- Rates depend on nuclear matrix elements

- $\mu 2e$: search for charged lepton flavour violation

- $\mu \rightarrow e$ conversion in field of Al nucleus

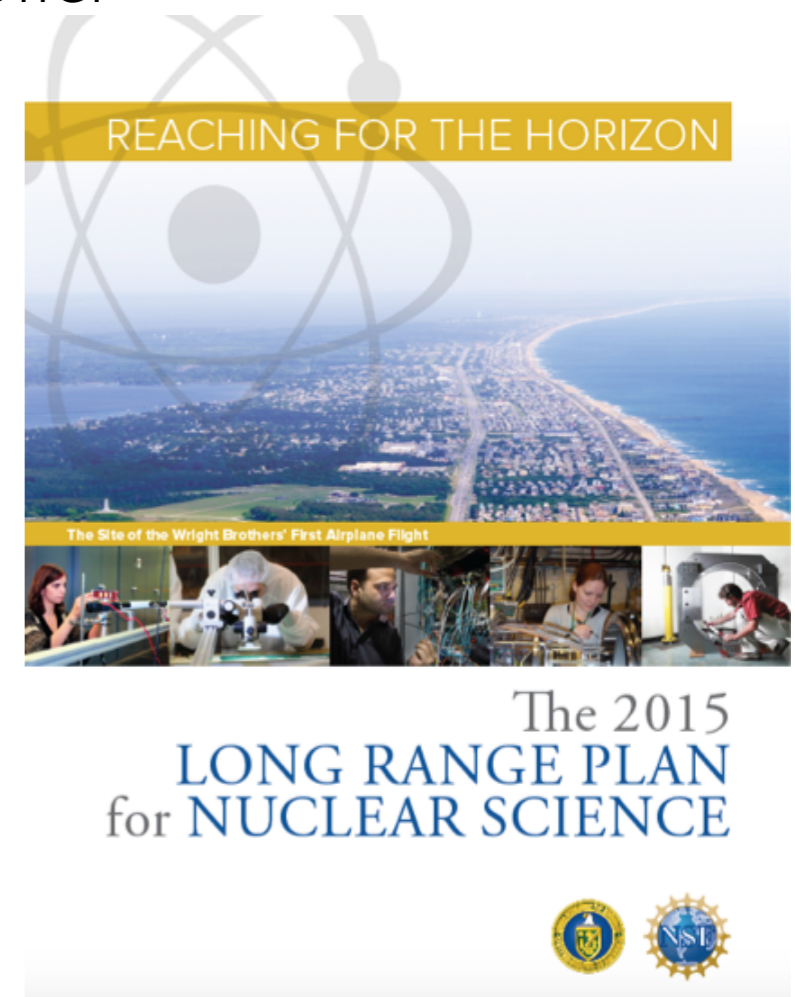
- 😊 Positive signals would be unambiguous

- 😞 Post-detection: precise nuclear matrix elements (with quantified uncertainties) to uncover nature of BSM physics

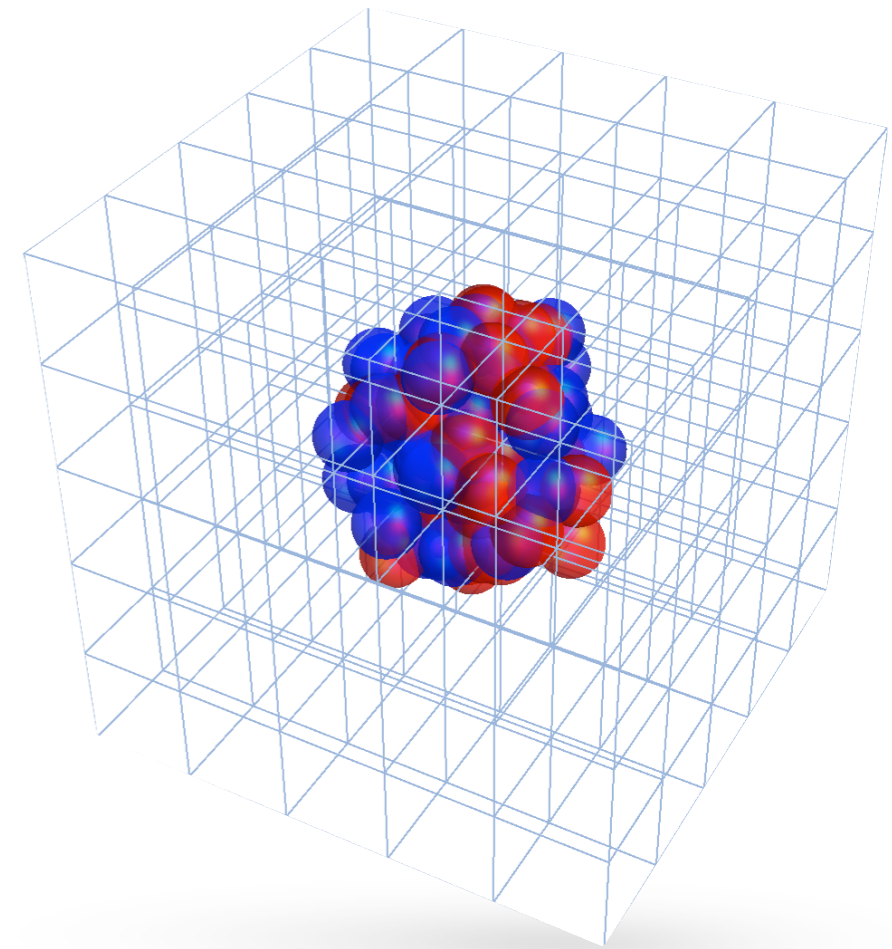


The intensity frontier

- EDMs: potential light nuclear EDM experiments offer complementary handles on CPV
- $0\nu\beta\beta$ decay: fundamental nature of neutrinos
 - Rates depend on nuclear matrix elements
 - $\mu 2e$: search for charged lepton flavour violation
 - $\mu \rightarrow e$ conversion in field of Al nucleus
- 😊 Positive signals would be unambiguous
- 😞 Post-detection: precise nuclear matrix elements (with quantified uncertainties) to uncover nature of BSM physics



- Definitive need for precision determinations of nuclear matrix elements
 - Must be based on the Standard Model
 - Must have fully quantified uncertainties
 - Timeframe and precision goals set by experiment
- Current state is far from this but magnetic moment calculations show it is feasible
- Achieve with a combination of LQCD and NEFT?



Challenges

- Realistic to expect LQCD calculations of $A \sim 7$ spectroscopy and simple matrix elements
- Challenge: many experiments focus on much larger nuclei: how much information is necessary to constrain NEFT
- Long baseline neutrino scattering probes nuclear form factors (and transition form factors) for $0 \leq Q^2 \leq 10 \text{ GeV}^2$
- Challenge: χ^{PT} /NEFT surely breaks down at such momenta
- $0\nu\beta\beta$ decay (light Majorana)
- Challenge: non-local matrix elements

- Nuclei are under study directly from QCD
 - Spectroscopy of light nuclei and exotic nuclei
 - Structure: magnetic moments and polarisabilities
 - Electroweak interactions: thermal capture cross-section
- EFT important in many ways
- Prospect of a quantitative connection to QCD makes this an exciting time for nuclear physics
 - Critical role in current and upcoming intensity frontier experimental program
 - Learn many interesting things about the nature of nuclear physics along the way

